EXHIBIT 3

Instructions:

- 1. All Nasdaq listed companies, except those that are exempt under Nasdaq Listing Rule 5605(f)(4) are required to disclose board level diversity statistics using the format below. The disclosure must be titled "Board Diversity Matrix."
- 2. When completing the disclosures, enter the number of directors that self-identify in each category. If a director self-identifies in the "Two or More Races or Ethnicities" category, the director must also self-identify in each individual category, as appropriate. For more details on the categories, refer to the definitions below.
- 3. The information provided below must be based on the voluntary self-identification of each member of the company's board of directors. For a U.S. incorporated company, any director who chooses not to disclose a gender should be included under "Gender Undisclosed" and any director who chooses not to identify as any race or not to identify as LGBTQ+ should be included in the "Undisclosed" category.
- 4. A company that qualifies as a Foreign Issuer (as defined under Rule 5605(f)(1)) may elect to use the format below for a Foreign Issuer. Any director who chooses not to disclose a gender should be included under "Gender Undisclosed" and any director who chooses not to identify as an "Underrepresented Individual in Home Country Jurisdiction" or LGBTQ+ should be included in the "Undisclosed" category.
- 5. A company may publish the information by using any of the following methods: (1) the company's proxy statement; (2) the company's information statement for its annual shareholder meeting; or (3) the company's website. If a company chooses option (3), the company must also submit a URL link to the information through the Nasdaq Listing Center no later than 15 calendar days following the company's annual meeting.
- 6. Following the first year of disclosure, all companies must disclose the current year and immediately prior year diversity statistics using the Board Diversity Matrix.

Definitions:

- **Black or African American** (not of Hispanic or Latinx origin) A person having origins in any of the Black racial groups of Africa.
- Alaskan Native or American Indian A person having origins in any of the original peoples of North and South America (including Central America), and who maintain cultural identification through tribal affiliation or community recognition.
- **Asian** A person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent, including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam.
- **Hispanic or Latinx** A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race. The term Latinx applies broadly to all gendered and gender-neutral forms that may be used by individuals of Latin American heritage, including individuals who self-identify as Latino/a/e.

- Native Hawaiian or Pacific Islander A person having origins in any of the peoples of Hawaii, Guam, Samoa, or other Pacific Islands.
- White (not of Hispanic or Latinx origin) A person having origins in any of the original peoples of Europe, the Middle East, or North Africa.
- **Two or More Races or Ethnicities** A person who identifies with more than one of the above categories.
- Underrepresented Individual in Home Country Jurisdiction A person who selfidentifies as an underrepresented individual based on national, racial, ethnic, indigenous, cultural, religious or linguistic identity in a Foreign Issuer's home country jurisdiction.
- **LGBTQ**+ A person who identifies as any of the following: lesbian, gay, bisexual, transgender or as a member of the queer community.

Board Disclosure Format

Board Diversity Matrix (As of [DATE])						
Board Size:						
Total Number of Directors	#					
Gender:	Male	Female	Non-Binary	Gender Undisclosed		
Number of directors based on gender identity	#	#	#	#		
Number of directors who identify in any of the categories below:						
African American or Black	#	#	#	#		
Alaskan Native or American Indian	#	#	#	#		
Asian	#	#	#	#		
Hispanic or Latinx	#	#	#	#		
Native Hawaiian or Pacific Islander	#	#	#	#		
White	#	#	#	#		
Two or More Races or Ethnicities	#	#	#	#		
LGBTQ+	#					

Undisclosed	#

Board Diversity Matrix (As of [DATE]) Foreign Issuer under Rule 5605(f)(1)							
Country of Incorporation:	[Insert Country Name]						
Board Size:							
Total Number of Directors	#						
Gender:	Male	Female	Non-Binary	Gender Undisclosed			
Number of directors based on gender identity	#	#	#	#			
Number of directors who identify in any of the category below:							
LGBTQ+	#						
Underrepresented Individual in Home Country Jurisdiction	#						
Undisclosed			#				