

082-03116



# GREAT QUEST METALS LTD.

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OFFICE OF INTERNATIONAL  
CORPORATE FINANCE

February 17, 2010



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**Office of International Corporate Finance**  
Securities and Exchange Commission  
450 Fifth Street NW  
Mail Stop 3-7  
Washington, DC  
USA, 20549

**SUPL**

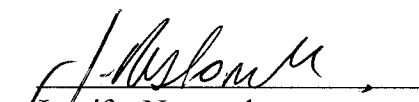
To Whom It May Concern:

**RE: Great Quest Metals Ltd. (the "Company")**

Enclosed, for your files, is one copy of the Company's news release that was issued on February 17, 2010. This release was sent to the TSX Venture Exchange, BC Securities Commission and Stockwatch.

Yours truly,

**GREAT QUEST METALS LTD.**

  
Jennifer Nestoruk  
Corporate Secretary

/jn  
enclosure

*dlw 3/9*



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# GREAT QUEST

## METALS LTD.

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Vancouver, BC, Canada V6C 2B3

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Fax: 604-684-5854

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February 17, 2010

### Grant of Stock Options

VANCOUVER, BC -- Willis W. Osborne, President of Great Quest Metals Ltd. (TSXV: GQ; Frankfurt: GQM), reports that the Board of Directors approved the granting of 500,000 stock options to directors, officers and consultants of the Company. Each stock option entitles the holder to purchase one common share of the Company's capital stock at a price of \$0.15 for a term of five years. The stock options granted are in accordance with the Company's stock option plan and are subject to regulatory approval.

**ON BEHALF OF THE BOARD OF DIRECTORS  
OF GREAT QUEST METALS LTD.**

*"Willis W. Osborne"*

Willis W. Osborne  
President

12g3-2(b) Exemption #82-3116  
Standard & Poor's Listed  
Trading Symbol: GQ Frankfurt Exchange: GQM

**Investor Relations:**

George Butterworth: 604-689-2882  
Toll Free: 877-325-3838

Neither the TSX Venture Exchange nor its Regulation Services Provider accepts responsibility for the adequacy or accuracy of this release. The statements that are not historical facts and are forward-looking statements involving known and unknown risks and uncertainties could cause actual results to vary materially from the targeted results.