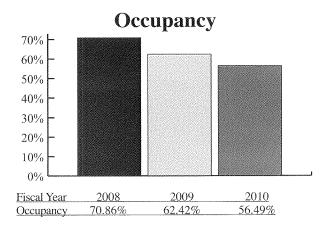
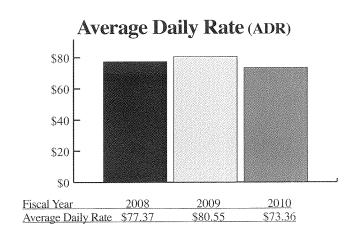


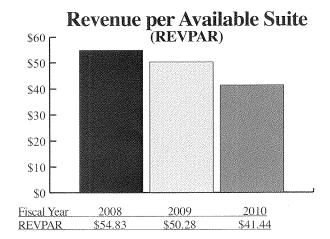
InnSuites Hospitality Trust Annual Report Two Thousand & Ten

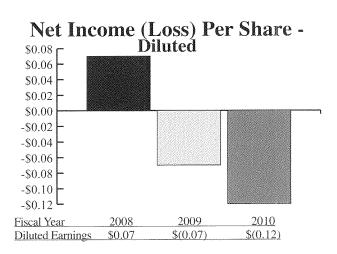


Graph Data

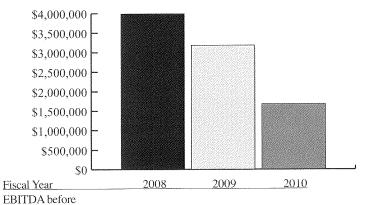




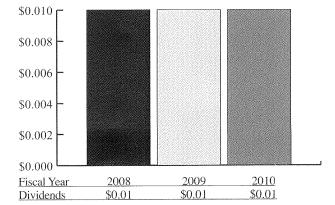




Earnings Before Interest, Taxes, Depreciation, Amortization and Non-Controlling Interest (EBITDA before Non-Controlling Interest)



Non-Controlling Interest \$3,991,773 \$3,187,815



Dividends Per Share

FISCAL 2010 SIGNIFICANT EVENTS

- Revenue declined 17% from \$20.4 million in fiscal year 2009 to \$16.9 million in fiscal year 2010.
- In the challenging economic environment of fiscal 2010, EBITDA before Non-Controlling Interest declined from \$3.2 million in fiscal 2009 to \$1.7 million in fiscal 2010, a decline of 47%.
- The Trust proactively examined and reduced operating expenses, including a \$1.0 million (12.4%) decrease in wages, to strengthen InnSuites' position for the economic challenges experienced during fiscal year 2010. Tighter wage and other expense controls continue in the current fiscal year 2011.
- InnSuites continues to improve our product even during the tight economy, which has resulted in increased market share at virtually all of our Trust hotels. This improved product and service should continue to improve our profitability during the current 2011 fiscal year.
- The Trust refinanced its Albuquerque hotel property netting \$617,000 to improve our liquidity position. Excluding the Albuquerque refinancing, the Trust reduced its first mortgage debt by \$781,000.

Operating Results

	2010	2009	2008
Earnings			
Operating Income (Loss)	\$ (247,794)	\$ 274,487	\$ 2,981,795
Interest Expense	\$ 1,560,014	\$ 1,503,444	\$ 1,819,186
Reported Net Income (Loss)	\$ (1,061,419)	\$ (630,526)	\$ 1,119,160
Reported Net Income (Loss) per basic share	\$ (0.12)	\$ (0.07)	\$ 0.12
Reported Net Income (Loss) per diluted share	\$ (0.12)	\$ (0.07)	\$ 0.07
EBITDA before Non-Controlling Interest (1)	\$ 1,686,433	\$ 3,187,815	\$ 3,991,773
Trust Data			
Total Trust Revenue	\$ 16,924,494	\$ 20,391,835	\$ 22,100,135
Trust Assets	\$ 28,474,316	\$ 30,436,804	\$ 31,334,488
Dividends Paid	\$ 0.01	\$ 0.01	\$ 0.01
Hotel Statistics			
Average Daily Rate (ADR)	\$ 73.36	\$ 80.55	\$ 77.37
Occupancy	56.49%	62.42%	70.86%
Revenue per Available Suite (REVPAR)	\$ 41.44	\$ 50.28	\$ 54.83

(1) Earnings before Interest, Taxes, Depreciation, Amortization and Non-Controlling Interest ("EBITDA before Non-Controlling Interest"). Management believes that EBITDA before Non-Controlling Interest is a relevant indicator of operating performance. EBITDA is used by the Trust in its internal reporting and by the investment community in assessing financial performance. A reconciliation of Net Income to EBITDA before Non-Controlling Interest:

<u>FY 2010</u>	<u>FY 2009</u>	<u>FY 2008</u>
(1,061,419)	(630,526)	1,119,160
(698,270)	(630,519)	(147,077)
1,934,227	2,913,328	1,009,978
1,560,014	1,503,444	1,819,186
(35,828)	34,692	192,091
(12,291)	(2,604)	(1,565)
<u>1,686,433</u>	<u>3,187,815</u>	<u>3,991,773</u>
	(1,061,419) (698,270) 1,934,227 1,560,014 (35,828) (12,291)	(1,061,419) (630,526) (698,270) (630,519) 1,934,227 2,913,328 1,560,014 1,503,444 (35,828) 34,692 (12,291) (2,604)



Trust Shareholder Letter Fiscal 2010

Dear Fellow InnSuites Hospitality Trust Shareholders:

During fiscal year 2010 (February 1, 2009 through January 31, 2010), we along with many other hotels and businesses were adversely affected by the worldwide recession. To establish a strong foundation for future growth and stability and to provide needed working capital, we took a number of critical steps to improve our liquidity and capital structure, including the refinancing of one hotel. During the year, we reduced staff and retooled our hotel and corporate operations, creating a new, leaner and more efficient operating model. In spite of a challenging environment, InnSuites is taking an increasing share in each of our hotel markets in occupancy and/or in rate. In addition, we have seen positive results from our cost-cutting efforts. We look ahead to the current fiscal year 2011 with increased confidence and optimism. In the current fiscal year 2011, we are committed to continue to upgrade our studios and suites with flat-screen TVs and other improvements to further strengthen our market share in each market we serve as we continue on the path of maximizing the performance of our hotel operations and our guests' experience. We are pleased with the progress made and have confidence in the resilience and long-term growth potential of our hotel real estate platform.

During fiscal year 2010, InnSuites and the entire hotel industry suffered significant drops in both financial and statistical performance. Revenue at our hotels dropped \$3.5 million to \$16.9 million in fiscal 2010 from \$20.4 million in fiscal 2009, representing a 17% decline in room sales. Operating Income of \$274,487 in fiscal 2009 declined \$522,281 to a loss of \$247,794 in fiscal 2010. In fiscal 2010, InnSuites rented the least rooms of any year of the last 10 years. We rented 173,811 rooms in fiscal 2010 compared to 192,599 rooms rented in fiscal 2010. This drop of 18,788 rooms rented decreased occupancy to 56.5% in fiscal 2010 from 62.4% in fiscal 2009. Average Daily Rate (ADR) declined by \$7.19 to \$73.36 in fiscal 2010.

In spite of the declines suffered in fiscal 2010, we out-performed our comparable competitive hotel sets, and in fiscal 2011 we are a more efficient hotel company. We are looking ahead to taking advantage of emerging opportunities. With a long-term strategic view, we are exploring the acquisition of additional hotels at reduced prices to strengthen our portfolio. We continue to cut costs in all sectors of our company and have asked all InnSuites' employees to review more effective and efficient ways to produce profits. Increasing sales is paramount to our planned profit recovery going forward. We are modernizing our marketing and advertising initiatives to maximize sales and increase market share. We are confident that we will make progress in fiscal 2011 based on the strength and experience of the InnSuites Team.

Sincerely, InnSuites Hospitality Trust

you.

James Wirth
Chairman, CEO and President

Marc E. Berg

Executive Vice President

Anthony Waters Chief Financial Officer

Certain matters within this letter may be discussed using forward-looking language as specified in the 1995 Private Securities Litigation Reform Act and InnSuites Hospitality Trust intends that such forward-looking statements be subject to the safe-harbor created thereby. Such forward-looking statements include, but are not limited to: (i) the world, national and southwest U.S. economy; (ii) the leasing, management or operation of the hotels; (iii) the adequacy of reserves for renovation and refurbishment; (iv) the Trust's financing plans; (v) the Trust's position regarding investments, acquisitions, developments, financings, conflicts of interest and other matters; and (vi) trends affecting the Trust's or any hotel's financial condition or results of operations. InnSuites Hospitality Trust cautions that these statements may involve known and unknown risks, uncertainties and other factors that may cause the actual results or performance to differ from those projected in the forward-looking statements contained herein. Such risks include, but are not limited to: a) fluctuations in hotel occupancy rates; b) changes in room rental rates which may be charged by InnSuites Hotels in response to market rental rate changes or otherwise; c) seasonality of our business; d) interest rate fluctuations; e) changes in governmental regulations, including federal income tax laws and regulations; f) competition; g) any changes in the Trust's financial condition or operating results due to acquisitions or dispositions of hotel properties; h) insufficient resources to pursue our current strategies; i) concentration of our investments in the InnSuites Hotels® brand; j) loss of franchise contracts; k) real estate and hospitality market conditions; l) hospitality industry factors; m) our ability to meet present and future debt service obligations; n) terrorist attacks or other acts of war; o) outbreaks of communicable diseases; p) natural disasters; q) loss of key personnel; and r) local or national economic and business conditions, including, without limitation, conditions which may affect public securities markets generally, the hospitality industry or the markets in which the Trust operates or will operate. From time to time, these and other risks are discussed in the Trust's Annual Report on Form 10-K and other filings with the Securities and Exchange Commission.

CAPITALIZATION

	End of Fiscal 2010 (January 31, 2010)	End of Fiscal 2009 (January 31, 2009)	End of Fiscal 2008 (January 31, 2008)
Market Capitalization	\$ 11,617,325	\$ 9,466,313	\$ 9,255,012
Closing Stock Price	\$ 1.35	\$ 1.05	\$ 1.01
Shares Outstanding	8,605,426	9,015,536	9,163,378
Shares Held by Officers & Trustees	5,607,350	6,055,042	5,983,342
Estimated Float	2,998,076	2,960,494	3,180,036
Class A Operating Partnership Units (Convertible 1 for 1 into Trust Shares at Owner's option)	369,391	431,598	468,509
Total Shares & Class A Convertible Units	8,974,817	9,447,134	9,631,887
Shares & Class A Convertible Units held by Officers and Trustees	5,607,350	6,055,042	5,983,342
Class B Partnership Units (Convertible 1 for 1 into Trust Shares with Board of Trustees appro	3,407,938 val)	3,407,938	3,407,938
Total Shares and Units	12,382,755	12,855,072	13,039,825
Implied Market Capitalization 1	\$ 16,716,719	\$ 13,497,826	\$ 13,170,223

⁽¹⁾ Not calculated in accordance with accounting principles generally accepted in the United States of America, but presented for shareholder information only.

InnSuites Overview

InnSuites Hospitality Trust is a mid-market studio and two-room suite hospitality real estate trust which owns and manages five moderate and full service suite hotels with 843 hotel suites located in Arizona, California and New Mexico. The Trust through its wholly-owned subsidiary, InnSuites Hotels, Inc., manages nine hotels, and as owner of the "InnSuites"® trademarks (which allow the Trust to enter markets that are not available to other hotel companies that do not control the brand) provides trademark services to 11 hotels containing 1,590 suites.

InnSuites Hotels and Suites and InnSuites Boutique Hotel Collection distinguish themselves by offering "Your Suite Choice Value" of "Studio InnSuites", "Two-room Executive/Family Suites", and romantic "Presidential Jacuzzi Suites." InnSuites creates extra value for all guests with complimentary "InnSuites Extras," including complimentary healthy hot breakfast buffet, high speed internet, guest business center, afternoon social hour, inn-room refrigerator, microwave, coffeemaker and more.

For reservations, call toll free 1-888-INNSUITES, 1-800-842-4242 or visit www.innsuites.com. For Trust investment information, visit www.innsuitestrust.com.

Item 1. BUSINESS

INTRODUCTION TO OUR BUSINESS

InnSuites Hospitality Trust (the "Trust") is headquartered in Phoenix, Arizona and is an unincorporated Ohio real estate investment trust. The Trust, with its affiliates RRF Limited Partnership, a Delaware limited partnership (the "Partnership"), and InnSuites Hotels, Inc., a Nevada corporation ("InnSuites Hotels"), owns and operates five hotels, provides management services for nine hotels, and provides trademark license services for eleven hotels. On January 31, 2010, the Trust owned a 71.41% sole general partner interest in the Partnership, which owned four InnSuites® hotels located in Arizona, New Mexico and southern California. The Trust also owned one InnSuites® hotel located in Yuma, Arizona (all five InnSuites® hotels are hereinafter referred to as the "Hotels"). InnSuites Hotels, a wholly owned subsidiary of the Trust, provides management services for the Hotels and four hotels owned by affiliates of James F. Wirth, the Trust's Chairman, President and Chief Executive Officer. InnSuites Hotels also provides trademark and licensing services to the Hotels, four hotels owned by affiliates of Mr. Wirth and one unrelated hotel property. The Trust has 366 employees.

The Hotels have an aggregate of 843 hotel suites and operate as moderate and full-service hotels that apply a value studio and two-room suite operating philosophy formulated in 1980 by Mr. Wirth. The Trust owns and operates hotels as studio and two-room suite hotels that offer services such as free hot breakfast buffets and complimentary afternoon social hours plus amenities, such as microwave ovens, refrigerators, free high-speed hard wired and wireless internet access and coffee makers in each studio or two-room suite.

The Trust believes that a significant opportunity for revenue growth and profitability will arise from the skillful management of the Trust's Hotels or managed hotel properties for both increased occupancy and rates. The Trust's primary business objectives are to maximize returns to its shareholders through increases in asset value and long-term total returns to shareholders. The Trust seeks to achieve these objectives through participation in increased revenues from the Hotels as a result of intensive management and marketing of the InnSuites® hotels and the "InnSuites Boutique Hotel Collection" brands in the southwestern region of the United States. See "Management's Discussion and Analysis of Financial Condition and Results of Operations-Future Positioning" for a more detailed discussion of the Trust's strategic plans.

The Trust has a single class of Shares of Beneficial Interest, without par value, that are traded on the NYSE Amex under the symbol "IHT." The Partnership has two outstanding classes of limited partnership interests, Class A and Class B, which are identical in all respects. Each Class A limited partnership unit is convertible, at the option of the Class A holder, into one newly-issued Share of Beneficial Interest of the Trust and each Class B limited partnership unit is convertible, upon approval of the Board of Trustees of the Trust, into one newly-issued Share of Beneficial Interest of the Trust. The Partnership Agreement of the Partnership subjects both general and limited partner units to certain restrictions on transfer.

MANAGEMENT AND LICENSING CONTRACTS

In connection with the Trust's relinquishment of its REIT income tax status in February 2004, the Trust no longer required the services of a separate management company. The Trust determined it was in its best interest to buy out the management contracts and licensing agreements in place with Suite Hospitality Management, Inc. (the "Management Company") and directly manage the Hotels through the Trust's wholly owned subsidiary, InnSuites Hotels.

Under the management agreements, InnSuites Hotels provides the personnel for the Hotels, the expenses of which are reimbursed at cost, and manages the Hotels' daily operations. All such expenses and reimbursements between InnSuites Hotels and the Partnership have been eliminated in consolidation. InnSuites Hotels received 2.5% of room revenue from the Hotels owned by the Partnership and the Trust in exchange for management services, plus \$2,000 per month for accounting services, during fiscal years 2010 and 2009. These agreements expire on January 31, 2011. During the first eleven months of fiscal year 2010 and all of fiscal year 2009, InnSuites Hotels received 2.5% of room revenue from the four hotels owned by affiliates of Mr. Wirth in exchange for management services and an additional monthly accounting fee of \$2,000. Effective for January 1, 2010, the management fees for these four hotels remain at 2.5% of room revenue and the annual accounting fee was adjusted to \$27,000, payable \$1,000 per month with an additional payment of \$15,000 due at year end for annual accounting closing activities. These agreements have no expiration date and may be cancelled by either party with 90-days written notice or 30-days written notice in the event the property changes ownership.

InnSuites Hotels received 1.25% of room revenue from the Hotels owned by the Partnership and the Trust in exchange for use of the "InnSuites" trademark during fiscal years 2010 and 2009, and will continue to receive this fee in fiscal year 2011. The revenue and expenses related to these contracts have been eliminated in consolidation. These agreements have no expiration date. During the first eleven months of fiscal year 2010 and all of fiscal year 2009, InnSuites Hotels received 1.25% of room revenue from the four hotels owned by affiliates of Mr. Wirth in exchange for use of the "InnSuites" trademark. Effective January 1, 2010, the fees for hotels owned by affiliates of Mr. Wirth were amended to a per-room calculation, with fees equal to \$10 per month per room for the first 100 rooms, and \$2 per month per room for the amount above 100 rooms. These agreements have no expiration date and may be cancelled by either party with 12-months written notice or 90-days written notice in the event the property changes ownership. InnSuites Hotels received 0.5% of room revenue from the unrelated hotel in Buena Park, California in exchange for

licensing services during fiscal years 2010 and 2009. This agreement has no expiration date and may be cancelled by either party with 30-days written notice. InnSuites Hotels received 30% of revenues generated from reservations provided by InnSuites Reservation Center to the unrelated hotel in Oceanside, California in exchange for licensing services during fiscal year 2009. This agreement had no expiration date and could be cancelled by either party with 30-days written notice. This agreement was cancelled May 1, 2008.

FRANCHISE AGREEMENTS

InnSuites Hotels has entered into franchise arrangements with Best Western International with respect to four of the Hotels. In exchange for use of the Best Western name, trademark and reservation system, the participating Hotels pay fees to Best Western International based on reservations received through the use of the Best Western reservation system and the number of available suites at the participating Hotels. The agreements with Best Western have no specific expiration terms and may be cancelled by either party. Best Western requires that the participating hotels meet certain requirements for room quality, and the Hotels are subject to removal from its reservation system if these requirements are not met. The Hotels with third-party franchise agreements received significant reservations through the Best Western reservation system. The Trust incurred \$290,224 and \$297,393 in total fees related to these agreements for the twelve months ended January 31, 2010 and 2009, respectively.

COMPETITION IN THE HOTEL INDUSTRY

The hotel industry is highly competitive. The Trust expects the major challenge for fiscal year 2011 to be the overall economy and strong competition for all business in the markets in which it operates, which may affect the Trust's ability to increase room rates while maintaining market share. Each of the Hotels experiences competition primarily from other mid-market hotels located in its immediate vicinity, but also competes with hotel properties located in other geographic markets. While none of the Hotels' competitors dominate any of the Trust's geographic markets, some of those competitors have greater marketing and financial resources than the Trust.

Certain additional hotel property developments have recently been completed by competitors in a number of the Hotels' markets, and additional hotel property developments may be built in the future. Such hotel developments have had, and could continue to have, an adverse effect on the revenue of the Hotels in their respective markets.

The Trust has chosen to focus its hotel investments in the southwest region of the United States. The Trust has a concentration of assets in the southern Arizona market. In the markets in which the Trust operates, in particular, the Yuma, Arizona and Ontario, California markets, supply has increased. In the Tucson, Arizona market demand has declined. Either an increase in supply or a decline in demand could result in increased competition, which could have an adverse effect on the revenue of the Hotels in their respective markets.

The Trust may also compete for investment opportunities with other entities that have greater financial resources. These entities also may generally accept more risk than the Trust can prudently manage. Competition may generally reduce the number of suitable future investment opportunities available to the Trust and increase the bargaining power of owners seeking to sell their properties.

REGULATION

The Trust is subject to numerous federal, state and local government laws and regulations affecting the hospitality industry, including usage, building and zoning requirements. A violation of any of those laws and regulations or increased government regulation could require the Trust to make unplanned expenditures and result in higher operating costs. In addition, the Trust's success in expanding our hotel operations depends upon its ability to obtain necessary building permits and zoning variances from local authorities. Compliance with these laws is time intensive and costly and may reduce the Trust's revenues and operating income.

Under the Americans with Disabilities Act of 1990 (the "ADA"), all public accommodations are required to meet certain federal requirements related to access and use by disabled persons. In addition to ADA work completed to date, the Trust may be required to remove access barriers or make unplanned, substantial modifications to its Hotels to comply with the ADA or to comply with other changes in governmental rules and regulations, which could reduce the number of total available rooms, increase operating costs and have a negative impact on the Trust's results of operations.

In addition, our Hotels, like all real property, are subject to governmental regulations designed to protect the environment. If the Trust fails to comply with such laws and regulations, it may become subject to significant liabilities, fines and/or penalties, which could adversely affect its financial condition and results of operations.

The Trust is also subject to laws governing our relationship with employees, including minimum or living wage requirements, overtime, working conditions and work permit requirements. Additional increases to the state or federal minimum wage rate, employee benefit costs or other costs associated with employees could increase expenses and result in lower operating margins.

Lastly, the Trust collects and maintains information relating to its guests for various business purposes, including maintaining guest preferences to enhance the Trust's customer service and for marketing and promotion purposes. The collection and use of personal data are governed by privacy laws and regulations. Compliance with applicable privacy regulations may increase the Trust's operating costs and/or adversely impact its ability to service its guests and market its products, properties and services to its guests. In addition, non-compliance with applicable privacy regulations by the Trust (or in some circumstances non-compliance by third parties engaged by the Trust) could result in fines or restrictions on its use or transfer of data.

SEASONALITY OF THE HOTEL BUSINESS

The Hotels' operations historically have been seasonal. The three southern Arizona hotels experience their highest occupancy in the first fiscal quarter and, to a lesser extent, the fourth fiscal quarter. The second fiscal quarter tends to be the lowest occupancy period at those three southern Arizona hotels. This seasonality pattern can be expected to cause fluctuations in the Trust's quarterly revenues. The two hotels located in California and New Mexico historically experience their most profitable periods during the second and third fiscal quarters (the summer season), providing some balance to the general seasonality of the Trust's hotel business.

The seasonal nature of the Trust's business increases its vulnerability to risks such as labor force shortages and cash flow problems. Further, if an adverse event such as an actual or threatened terrorist attack, international conflict, regional economic downturn or poor weather conditions should occur during the first or fourth fiscal quarters, the adverse impact to the Trust's revenues could likely be greater as a result of its southern Arizona seasonal business.

OTHER AVAILABLE INFORMATION

We also make available, free of charge, on our Internet website at www.innsuitestrust.com, our annual reports on Form 10-K, quarterly reports on Form 10-Q, current reports on Form 8-K and amendments to reports filed or furnished pursuant to Section 13(a) or 15(d) of the Securities Exchange Act of 1934, as amended, as soon as reasonably practicable after we file such material with, or furnish it to, the Securities and Exchange Commission (the "SEC").

Item 1A. RISK FACTORS

Not required for smaller reporting companies.

Item 1B. UNRESOLVED STAFF COMMENTS

Not required for smaller reporting companies.

Item 2. PROPERTIES

The Trust maintains its administrative offices at the InnSuites Hotels Centre, at 1625 E. Northern Avenue, Suite 105, Phoenix, Arizona 85020. On January 31, 2010, the Partnership owned four Hotels and the Trust owned one Hotel. All of the Hotels are operated as InnSuites® Hotels, while four are also marketed as Best Western® Hotels. All of the Hotels operate in the following locations:

PROPERTY	NUMBER OF SUITES	YEAR OF CONSTRUCTION/ ADDITION	MOST RECENT RENOVATION (1)
InnSuites Hotel and Suites Airport Albuquerque Best Western	101	1975/1985	2004
InnSuites Hotel and Suites Tucson, Catalina Foothills Best Western	159	1981/1983	2005
InnSuites Hotels and Suites Yuma Best Western	166	1982/1984	2008
InnSuites Hotel and Suites Ontario Airport Best Western	150	1990	2005
InnSuites Hotels and Suites Tucson St. Mary's	<u> 267</u>	1960/1971	2006
Total suites	<u>843</u>		

(1) The Trust defines a renovation as the remodeling of more than 10% of a property's available suites.

See "Item 7 – Management's Discussion and Analysis of Financial Condition and Results of Operations – General" herein for a discussion of occupancy rates at the Hotels.

See Note 6 to the Trust's Consolidated Financial Statements – "Mortgage Notes Payable" herein for a discussion of mortgages encumbering the Hotels.

Item 3. LEGAL PROCEEDINGS

The Trust is not a party to, nor are any of its properties subject to, any material litigation or environmental regulatory proceedings.

Item 4. RESERVED

PART II

Item 5. MARKET FOR THE TRUST'S SHARES, RELATED SHAREHOLDER MATTERS AND TRUST PURCHASES OF SHARES

The Trust's Shares of Beneficial Interest are traded on the NYSE Amex under the symbol "IHT." On April 9, 2010, the Trust had 8,597,273 shares outstanding and 450 holders of record.

The following table sets forth, for the periods indicated, the high and low sales prices of the Trust's Shares of Beneficial Interest, as quoted by the NYSE Amex, as well as dividends declared thereon:

Fiscal Year 2010	High	Low	Dividends
First Quarter	1.53	0.79	_
Second Quarter	2.00	1.01	_
Third Quarter	1.40	1.00	_
Fourth Quarter	1.85	0.97	.01
Fiscal Year 2009	High	Low	Dividends
First Quarter	1.64	1.01	_
Second Quarter	1.59	1.00	_
Third Quarter	1.65	1.03	
Fourth Quarter	1.40	0.46	.01

The Trust intends to maintain a conservative dividend policy to facilitate the reduction of debt and internal growth. In fiscal years 2010 and 2009, the Trust paid dividends of \$0.01 per share in the fourth quarter of each year. The Trust has paid dividends each fiscal year since its inception in 1971.

On January 2, 2001, the Board of Trustees approved a share repurchase program under Rule 10b-18 of the Securities Exchange Act of 1934, as amended, for the purchase of up to 250,000 limited partnership units in the Partnership and/or Shares of Beneficial Interest in open market or privately negotiated transactions. On September 10, 2002, August 18, 2005 and September 10, 2007, the Board of Trustees approved the purchase of up to 350,000 additional limited partnership units in the Partnership and/or Shares of Beneficial Interest in open market or privately negotiated transactions. Additionally, on January 5, 2009, September 15, 2009 and January 31, 2010, the Board of Trustees approved the purchase of up to 300,000, 250,000 and 350,000, respectively, additional limited partnership units in the Partnership and/or Shares of Beneficial Interest in open market or privately negotiated transactions. Acquired Shares of Beneficial Interest will be held in treasury and will be available for future acquisitions and financings and/or for awards granted under the InnSuites Hospitality Trust 1997 Stock Incentive and Option Plan. During the three months ended January 31, 2010, the Trust acquired 16,335 Shares of Beneficial Interest in open market transactions at an average price of \$1.26 per share and 7,460 Shares of Beneficial Interest in a privately-negotiated transaction at a price of \$1.25 per share. The Trust intends to continue repurchasing Shares of Beneficial Interest in compliance with applicable legal and NYSE Amex requirements. The Trust remains authorized to repurchase an additional 378,872 limited partnership units and/or Shares of Beneficial Interest pursuant to the share repurchase program, which has no expiration date.

See Part III, Item 12 for a description of our equity compensation plans.

	Issuer Purchases of Equity Securities			
			Total Number of Shares	Maximum Number of
	Total Number	Average Price	Purchased as Part of	Shares that May Be Yet
	of Shares	Paid per	Publicly Announced	Purchased Under the
Period	Purchased	Share	Plans	Plans
November 1 – November 30, 2009	10,360	\$1.30	10,360	42,307
December 1 – December 31, 2009	10,865	\$1.20	10,865	31,442
January 1 – January 31, 2010	2,570	\$1.34	<u>2,570</u>	378,872
Total	<u>23,795</u>		<u>23,795</u>	

Item 6. SELECTED FINANCIAL DATA

Not required for smaller reporting companies.

Item 7. MANAGEMENT'S DISCUSSION AND ANALYSIS OF FINANCIAL CONDITION AND RESULTS OF OPERATIONS

OVERVIEW

We are engaged in the ownership and operation of hotel properties. At January 31, 2010, the InnSuites system included five moderate and full-service hotels with 843 hotel suites. Four of our Hotels are branded through franchise agreements with Best Western. All five Hotels are trademarked as InnSuites Hotels. We are also involved in various operations incidental to the operation of hotels, such as the operation of restaurants and meeting/banquet room rentals.

Our operations consist of one reportable segment, hotel ownership, which derives its revenue from the operation of the Hotels. In addition, we receive management fees, trademark license fees and reservation fees from four hotels owned by Mr. Wirth and his affiliates and trademark license fees from one hotel owned by a non-related third party.

Our results are significantly affected by occupancy and room rates at the Hotels, our ability to manage costs, and changes in the number of available suites caused by acquisition and disposition activities. Results are also significantly impacted by overall economic conditions and conditions in the travel industry. Unfavorable changes in these factors could negatively impact hotel room demand and pricing, which would reduce our profit margins on rented suites. Additionally, our ability to manage costs could be adversely impacted by significant increases in operating expenses, resulting in lower operating margins. Supply of hotels has increased in the markets we operate, particularly in the Yuma, Arizona and Ontario, California markets. Market demand has declined in the Tucson, Arizona market. Either a further increase in supply or a further decline in demand could result in increased competition, which could have an adverse effect on the revenue of the Hotels in their respective markets.

Declining economic conditions, both generally and specifically in the travel industry, had a negative impact on our operations beginning late in fiscal year 2009 and through fiscal year 2010. We do not anticipate significant improvement in these conditions during fiscal year 2011. We expect difficult overall economic conditions to result in continued reduced business and leisure travel and room rates, and therefore lower operating margins. We expect the major challenge for fiscal year 2011 to be the continuation of strong competition for group and other business in the markets in which we operate, which may affect our ability to increase room rates while maintaining market share. We believe that we have positioned the hotels to remain competitive through selective refurbishment and by carrying a relatively large number of two-room suites at each location.

HOTEL PROPERTIES HELD FOR SALE

We reclassified all of our hotel properties from "held for sale" to "held and used" in the third quarter ended October 31, 2008. Due to the economic conditions and credit market restraints at that time, the funds were not available to potential buyers to finance a purchase of one or more of our hotels. As a result of this reclassification, we recorded \$1.9 million in depreciation expense during the third quarter of fiscal year 2009 that was previously suspended while the assets were "held for sale."

We continue to seek qualified buyers for our hotels and/or our hotel system and will continue to migrate our primary business from a hotel owner to a hospitality service company providing trademark licensing and management services.

GENERAL

The following discussion should be read in conjunction with our consolidated financial statements and notes thereto appearing elsewhere in this Form 10-K.

The accounting policies that we believe are most critical and involve the most subjective judgments include our estimates and assumptions of future revenue and expenditures used to project hotel cash flows. Future cash flows are used in the valuation calculation of our hotel properties to determine the recoverability (or impairment) of the carrying amounts in the event management is required to test the asset for recoverability of its carrying value under guidance codified in ASC Topic 360-10-35 related to accounting for the impairment or disposal of long-lived assets. If the carrying amount of an asset exceeds the estimated future cash flows over its estimated remaining life, the Trust recognizes an impairment expense to reduce the asset's carrying value to its fair value. Fair value is determined by either the most current third-party property appraisal, if available, or the present value of future undiscounted cash flows over the remaining life of the asset. Our evaluation of future cash flows is based on our historical experience and other factors, including certain economic conditions and committed future bookings. See "– Critical Accounting Policies and Estimates" below.

At January 31, 2010 and 2009, we owned a 71.41% and 70.94%, respectively, interest in four of the Hotels through our sole general partner's interest in the Partnership and owned a 99.9% interest in one Hotel. We purchased 62,207 and 36,911 Partnership units during the years ended January 31, 2010 and 2009, respectively.

Our expenses consist primarily of property taxes, insurance, corporate overhead, interest on mortgage debt, professional fees, depreciation of the Hotels and hotel operating expenses. Hotel operating expenses consist primarily of payroll, guest and maintenance supplies, marketing and utilities expenses. Under the terms of its Partnership Agreement, the Partnership is required to reimburse us for all such expenses. Accordingly, management believes that a review of the historical performance of the operations of the Hotels, particularly with respect to occupancy, which is calculated as rooms sold divided by total rooms available, average daily rate ("ADR"), calculated as total room revenue divided by number of rooms sold, and revenue per available room ("REVPAR"), calculated as total room revenue divided by number of rooms available, is appropriate for understanding revenue from the Hotels. In fiscal year 2010, occupancy decreased 5.93% to 56.49% from 62.42% in the prior year. ADR decreased by \$7.19 to \$73.36 in fiscal year 2010 from \$80.55 in fiscal year 2009, which resulted in a decrease in REVPAR of \$8.84 to \$41.44 in fiscal year 2010 from \$50.28 in fiscal year 2009. The decreased occupancy and rates reflect the softened economy and travel industry during fiscal year 2010.

The following table shows certain historical financial and other information for the periods indicated:

	For the Year Ended January 31,	
	<u>2010</u>	<u>2009</u>
Occupancy	56.49%	62.42%
Average Daily Rate (ADR)	\$ 73.36	\$80.55
Revenue Per Available Room (REVPAR)	\$41.44	\$50.28

No assurance can be given that the trends reflected in this data will continue or that occupancy, ADR and REVPAR will not increase or decrease as a result of changes in national or local economic or hospitality industry conditions.

We enter into transactions with certain related parties from time to time. For information relating to such related party transactions see the following:

- For a discussion of management and licensing agreements with certain related parties, see "Item 1 Business Management and Licensing Contracts."
- For a discussion of guarantees of our mortgage notes payable by certain related parties, see Note 6 to our Consolidated Financial Statements "Mortgage Notes Payable."
- For a discussion of notes and advances payable by us to certain related parties, see Note 8 to our Consolidated Financial Statements "Notes and Advances Payable to Related Parties."

RESULTS OF OPERATIONS OF THE TRUST FOR THE YEAR ENDED JANUARY 31, 2010 COMPARED TO THE YEAR ENDED JANUARY 31, 2009 Overview

A summary of operating results for the fiscal years ended January 31, 2010 and 2009 is:

	2010	2009	Change	% Change
Revenue	\$16,924,494	\$20,391,835	\$(3,467,341)	(17.0)%
Operating Income (Loss)	\$(247,794)	\$274,487	\$(522,281)	>(100.0)%
Net Loss	\$(1,061,419)	\$(630,526)	\$(430,893)	(68.3)%
Loss Per Share – Basic	\$(0.12)	\$(0.07)	\$(0.05)	(71.4)%
Loss Per Share - Diluted	\$(0.12)	\$(0.07)	\$(0.05)	(71.4)%

Our overall results in fiscal year 2010 were negatively affected by the challenging overall economic environment and the hospitality industry in particular.

For the twelve months ended January 31, 2010, we had total revenue of \$16.9 million compared to \$20.4 million for the twelve months ended January 31, 2009, a decrease of approximately \$3.5 million. This decrease in total revenue is primarily due to lower occupancies and rates at the Hotels, resulting in decreased room revenues. During fiscal year 2011, we expect reduced occupancy and revenue levels to continue. Total expenses of \$18.7 million for the twelve months ended January 31, 2010 reflects a decrease of approximately \$2.9 million compared to total expenses of \$21.6 million for the twelve months ended January 31, 2009. The decrease was primarily due to recording deferred depreciation on assets previously classified as "held for sale" of \$1.9 million in the third quarter of fiscal year 2009, but recording no such depreciation expense in fiscal year 2010, and reduced operating expenses as a result of lower business levels.

General and administrative expenses include overhead charges for management, accounting, shareholder and legal services. General and administrative expenses of \$2.9 million for the twelve months ended January 31, 2010 represented a decrease of \$497,000, or 14.6%, from the prior year total of \$3.4 million. The decrease resulted primarily from lower overhead costs, specifically payroll and professional expenses, and lower hotel-level costs as a result of lower business levels.

Total operating expenses for the twelve months ended January 31, 2010 were \$17.2 million, a decrease of approximately \$2.9 million, or 14.6%, from \$20.1 million in the twelve months ended January 31, 2009. The decrease was primarily due to recording deferred depreciation on assets "held for sale" of \$1.9 million in the third quarter of fiscal year 2009, but recording no such depreciation expense in fiscal year 2010, and reduced operating expenses as a result of lower business levels.

Total interest expense for the twelve months ended January 31, 2010 was \$1.6 million compared to \$1.5 million in the prior year, an increase of \$57,000, or 3.8%, due primarily to higher mortgage debt levels after the refinance of the Yuma property at the end of fiscal year 2009. Interest on mortgage notes payable for the twelve months ended January 31, 2010 was \$1.5 million, an increase of \$80,000, or 5.5%, from \$1.5 million in the twelve months ended January 31, 2009. The increase is primarily due to higher mortgage debt levels after the refinance of the Yuma property at the end of fiscal year 2009. Interest on notes payable to banks decreased \$22,000, or 70.6%, to \$9,000 from \$30,000 during the years ended January 31, 2010 and 2009, respectively. The decrease is due to less borrowings on our lines of credit as a result of the liquidity provided by the Yuma and Albuquerque mortgage refinancings.

Hotel property depreciation for the twelve months ended January 31, 2010 was \$1.9 million, a decrease of approximately \$979,000 from \$2.9 million in the twelve months ended January 31, 2009. The decrease was due to the recording of \$1.9 million of deferred depreciation on assets previously classified as "held for sale" when they were reclassified to "held and used" in the third quarter of fiscal 2009.

We had a consolidated net loss before income taxes of \$1.8 million for the twelve months ended January 31, 2010, compared to \$1.2 million in the prior year. After deducting the loss allocated to the minority interest of \$698,270 and adding the income tax benefit of \$35,828, we had a net loss attributable to controlling interests of approximately \$1.1 million for fiscal year 2010, which represented approximately \$431,000 in additional net loss attributable to controlling interests as compared to the twelve months ended January 31, 2009. Basic and diluted net loss per share was \$(0.12) for the twelve months ended January 31, 2010, compared to \$(0.07) for fiscal year 2009. The change from the prior year is primarily attributable to reduced business levels at the hotel properties.

LIQUIDITY AND CAPITAL RESOURCES

Overview

Our principal source of cash to meet our cash requirements, including distributions to its shareholders, is our share of the Partnership's cash flow and its direct ownership of the Yuma, Arizona property. The Partnership's principal source of revenue is hotel operations for the four hotel properties it owns. Our liquidity, including our ability to make distributions to our shareholders, will depend upon our ability and the Partnership's ability to generate sufficient cash flow from hotel operations.

Hotel operations are significantly affected by occupancy and room rates at the Hotels, both of which decreased from fiscal year 2009 to 2010, our ability to manage costs, and changes in the number of available suites caused by acquisition and disposition activities. Results are also significantly impacted by overall economic conditions and conditions in the travel industry. Unfavorable changes in these factors negatively impact hotel room demand and pricing, which reduces our profit margins on rented suites.

In past years, we have relied on our cash flows from operations to meet our financial obligations as they come due. For the remainder of fiscal year 2011 (April 1, 2010 through January 31, 2011), our management has projected that cash flows from operations alone may not be sufficient to meet all of our financial obligations as they become due during fiscal year 2011. Based on this projection, we began the process of refinancing our Yuma hotel property, bringing in enough cash for management to believe that we will now meet all of our financial obligations as they become due during fiscal 2011. The new loan, for an additional \$1 million on Yuma, closed in mid April 2010, resulting in net proceeds to us of \$975,000.

With the proceeds from the new loan on Yuma, management believes that it will have enough cash on hand to meet all itsof our financial obligations as they become due. In the event that our cash on hand is insufficient to meet all of our obligations during fiscal 2011, we have an established \$350,000 line of credit with Sonoran Bank that is available if additional funds are needed. In addition, due to the economy, our management has analyzed other strategic options available to us, including the refinancing of another property or raising additional funds through equity financing.

We anticipate a possible continuation of the weak overall economic situation that negatively affected results in fiscal year 2011, which could result in continued increased competition for business and leisure travel. Challenges in fiscal year 2011 are expected to include continued competition for all types of business in the markets in which we operate and our ability to maintain room rates while maintaining market share.

Net cash provided by operating activities totaled \$449,000 and \$1.2 million for the years ended January 31, 2010 and 2009, respectively. The decrease in fiscal year 2010 compared to fiscal year 2009 was due to reduced business levels and rates at the hotel properties, reflecting the slow economy and its impact on the travel industry.

Net cash used in investing activities totaled \$(861,000) and \$(1.2) million for the years ended January 31, 2010, and 2009, respectively. The decrease in 2010 as compared to 2009 was due to decreased spending on capital improvements.

Net cash used in financing activities totaled \$(323,000) for the year ended January 31, 2010 and net cash provided by financing activities was \$900,000 for the year ended January 31, 2009. The decreases year to year were primarily due to the mortgage refinance of the Yuma hotel property during fiscal year 2009.

As of January 31, 2010, we had no commitments for capital expenditures beyond a 4% reserve for refurbishment and replacements that is set aside annually, as described below.

We continue to contribute to a Capital Expenditures Fund (the "Fund") an amount equal to 4% of the InnSuites Hotels' revenues from operation of the Hotels. The Fund is restricted by the mortgage lender for four of our properties. As of January 31, 2010, \$81,421 was held in these accounts and is reported on our Consolidated Balance Sheet as "Restricted Cash." The Fund is intended to be used for capital improvements to the Hotels and refurbishment and replacement of furniture, fixtures and equipment. During the twelve months ended January 31, 2010 and 2009, the Hotels spent approximately \$876,000 and \$1.3 million, respectively, for capital expenditures. We consider the majority of these improvements to be revenue producing. Therefore, these amounts are capitalized and depreciated over their estimated useful lives. Depreciation was suspended on the Hotel's capitalized assets between August 1, 2007 until August 1, 2008 while the Hotels were classified as "held for sale." We plan to spend approximately \$550,000 for capital expenditures in fiscal year 2011. The Hotels also spent approximately \$1.2 million and \$1.4 million during fiscal years 2010 and 2009, respectively, on repairs and maintenance and these amounts have been charged to expense as incurred.

We have minimum debt payments of \$992,000 and \$8.4 million due during fiscal years 2011 and 2012, respectively. On March 3, 2008, we established an \$850,000 revolving line of credit to replace the \$750,000 line of credit that matured on May 18, 2008. The new line of credit matured in July 2009, at which time the Trust extended the term. The line of credit has no financial covenants, bears interest at Wall Street Journal prime and has an interest floor of 6.25% (which was the effective rate as of January 31, 2010) and matures on June 30, 2010. As of January 31, 2010, we had drawn \$110,137 of the funds available under the line of credit. We plan to renew our bank line of credit when it matures during fiscal year 2011. To provide additional liquidity during fiscal year 2010 and for fiscal year 2011, the Trust refinanced its mortgage note payable on the Albuquerque property in October 2009, resulting in net proceeds of \$617,000.

As of January 31, 2010, we had mortgage notes payable of \$21.9 million outstanding with respect to the Hotels, \$646,000 in secured promissory notes outstanding to unrelated third parties arising from the Share of Beneficial Interest and Partnership unit repurchases, and no principal due and payable under notes and advances payable to Mr. Wirth and his affiliates.

Management believes that cash on hand, available funds on its bank line of credit and future cash receipts from operations in fiscal year 2011 will be sufficient to meet the Trust's obligations as they become due for the next twelve months.

We may seek to negotiate additional credit facilities or issue debt instruments. Any debt incurred or issued by us may be secured or unsecured, long-term, medium-term or short-term, bear interest at a fixed or variable rate and be subject to such other terms as we consider prudent.

FUTURE POSITIONING

In viewing the hotel industry cycles, the Board of Trustees determined that 2008 may have been the high point of the current hotel industry cycle and further determined it was appropriate at that time to classify the five Hotels owned by the Trust as "Held for Sale." We began actively seeking buyers for our properties. We engaged the services of several hotel brokers and began independently advertising our Hotels for sale. On August 1, 2008, the Trust reclassified its hotel properties from "held for sale" to "held and used." After one year of efforts, we failed to find any qualified buyers for our hotel properties. As a result of this reclassification, we recorded \$1.9 million in depreciation expense that was previously suspended during the period in which the assets were classified as "held for sale." We continue to independently advertise our Hotels for sale.

Our long-term strategic plan is to obtain the full benefit of our real estate equity and to migrate our focus from a hotel owner to a hospitality service company by expanding our trademark license, management, reservation, and advertising services. This plan is similar to strategies followed by international diversified hotel industry leaders, which over the last several years have reduced real estate holdings and concentrated on hospitality services. We began our long-term corporate strategy when we relinquished our REIT income tax status in January 2004, which had previously prevented us from providing management services to hotels. In June 2004, we acquired our trademark license and management agreements and began providing management, trademark and reservations services to our Hotels. In July 2007, the Board of Trustees voted to list and/or present for sale all five of our hotel properties.

The table below lists the hotel properties, their respective carrying and mortgage value and the estimated sales value for the hotel properties.

Hotel Property Asset Values as of January 31, 2010

			Listea
		Mortgage	Terms Sales
Hotel Property	Book Value	<u>Balance</u>	Price
Albuquerque	\$1,512,695	\$1,487,270	\$5,900,000
Ontario	6,495,335	7,765,740	19,900,000
Tucson Oracle	4,602,841	2,898,601	12,400,000
Tucson City Center	8,188,997	5,755,343	10,800,000
Yuma	5,922,964	<u>4,000,000</u>	12,650,000
Totals	<u>\$26,722,832</u>	<u>\$21,906,954</u>	\$61,650,000

There is no assurance that the listed sales price for the individual hotel properties will be realized, however our management believes that these sales prices are reasonable based on local market conditions and comparable sales. Changes in market conditions have in part and may in the future result in our changing one or all of the sales prices.

We provide trademark licensing, management, reservation and advertising services to all the hotel properties listed above and expect to continue the trademark licensing services, which includes the reservation and advertising services, and/or continue the management services, which also includes the reservation and advertising services, after the Hotels are sold. If any or all of these hotel properties are sold, our future management and/or licensing fees could be reduced if the purchaser did not continue to retain InnSuites Hotels to provide those services. In the past, when we have sold hotel properties to unrelated third parties, we have continued to provide management and/or trademark licensing and reservation services after a sale, although there can be no assurance that we will be able to successfully do so in the future.

As part of the Board study for 2008-2009, greater emphasis has been placed on priority for additional management, trademark and reservations fee income. We have determined that it is easier to sell management contracts when the trademark services are also provided. As part of the emphasis on trademark services, we have developed two trademark packages. The first is the "Traditional InnSuites Hotels & Suites" regional package and the second is the "InnSuites Boutique Hotel Collection," which now includes four affiliate hotels managed by us. Sales and marketing are being handled internally.

SHARE REPURCHASE PROGRAM

On January 2, 2001, the Board of Trustees approved a share repurchase program under Rule 10b-18 of the Securities Exchange Act of 1934, as amended, for the purchase of up to 250,000 limited partnership units in the Partnership and/or Shares of Beneficial Interest in open market or privately negotiated transactions. On September 10, 2002, August 18, 2005 and September 10, 2008, the Board of Trustees approved the purchase of up to 350,000 additional limited partnership units in the Partnership and/or Shares of Beneficial Interest in open market or privately negotiated transactions. Additionally, on January 5, 2009, September 15, 2009 and January 31, 2010, the Board of Trustees approved the purchase of up to 300,000, 250,000 and 350,000, respectively, additional limited partnership units in the Partnership and/or Shares of Beneficial Interest in open market or privately negotiated transactions. Acquired Shares of Beneficial Interest will be held in treasury and will be available for future acquisitions and financings and/or for awards granted under the InnSuites Hospitality Trust 1997 Stock Incentive and Option Plan. During fiscal year 2010, we acquired 73,275 Shares of Beneficial Interest in open market transactions at an average price of \$1.35 per share and 372,836 Shares of Beneficial Interest in privately-negotiated transactions at an average price of \$1.39 per share. Also, we acquired 62,207 RRF Limited Partnership Units at an average price of \$1.70 per unit. We intend to continue repurchasing Shares of Beneficial Interest and RRF Limited Partnership Units in compliance with applicable legal and NYSE Amex requirements.

OFF-BALANCE SHEET FINANCINGS AND LIABILITIES

Other than lease commitments, legal contingencies incurred in the normal course of business and employment contracts for key employees, we do not have any off-balance sheet financing arrangements or liabilities. We do not have any majority-owned subsidiaries that are not included in the consolidated financial statements. See "- Accounting Matters" below for a discussion of new accounting interpretations with respect to variable interest entities and the impact of such interpretations on us.

CRITICAL ACCOUNTING POLICIES AND ESTIMATES

We believe that the policies we follow for the valuation of our hotel properties, which constitute the majority of our assets, are our most critical policies. FASB has issued authoritative guidance related to the impairment or disposal of long-lived assets, codified in ASC Topic 360-10-35, which we apply to determine when it is necessary to test an asset for recoverability. On an events and circumstances basis, we review the carrying value of our hotel properties. We will record an impairment loss and reduce the carrying value of a property when anticipated undiscounted future cash flows and the current market value of the property do not support its carrying value. In cases where we do not expect to recover the carrying cost of hotel properties held for use, we will reduce the carrying value to the fair value of the hotel, as determined by a current appraisal or other acceptable valuation methods. In cases where we do not expect to recover the carrying cost of hotel properties "held for sale," we will reduce the carrying value to the sales price less costs to sell. We did not recognize impairment loss in fiscal years 2010 or 2009. As of January 31, 2010, our management does not believe that the carrying values of any of its hotel properties are impaired.

ACCOUNTING MATTERS

In June 2009, FASB established the FASB Accounting Standards Codification (the "Codification" or "ASC") as the source of authoritative accounting principles recognized by FASB to be applied by nongovernmental entities in the preparation of financial statements in accordance with generally accepted accounting principles ("GAAP"). All existing accounting standard documents are superseded by the Codification and accounting literature not included in the Codification will not be authoritative. Rules and interpretive releases of the SEC issued under the authority of federal securities laws will continue to be sources of authoritative GAAP for SEC registrants. The Codification is topically based with topics organized by ASC number and updated with Accounting Standards Updates ("ASUs"). The Codification is effective for interim and annual reporting periods ending after September 15, 2009. We adopted Statement of Financial Accounting Standards No. 168 (codified in ASC Topic 105) on August 1, 2009, which did not have a material impact on our financial position or results of operations.

In May 2009, the FASB issued guidance, codified in ASC Topic 855-10-50, on subsequent events that establishes general standards of accounting for and disclosure of events that occur after the balance sheet date but before the financial statements are issued or are available to be issued. It provides guidance on the period after the balance sheet date during which management of a reporting entity should evaluate events or transactions that may occur for potential recognition or disclosure in the financial statements, the circumstances under which an entity should recognize events or transactions occurring after the balance sheet date in its financial statements and the disclosures that an entity should make about events or transactions that occurred after the balance sheet date. We adopted this guidance during the second quarter of 2009, and its application had no impact on our consolidated financial statements.

In December 2007, the FASB issued guidance, codified in ASC Topic 810-10-45, on accounting and reporting of non-controlling interests in consolidated financial statements. This guidance requires the noncontrolling interest to be separately presented as a component of shareholders' equity. Effective February 1, 2009, we adopted this guidance and it was applied retroactively to fiscal year 2009.

INFLATION

We rely entirely on the performance of the Hotels and InnSuites Hotels' ability to increase revenue to keep pace with inflation. Operators of hotels in general and InnSuites Hotels in particular can change room rates quickly, but competitive pressures may limit InnSuites Hotels' ability to raise rates as fast or faster than inflation. Room rates declined in the most recent fiscal year ended January 31, 2010.

FORWARD-LOOKING STATEMENTS

Certain statements in this Form 10-K, including statements containing the phrases "believes," "intends," "expects," "anticipates," "predicts," "projects," "will be," "should be," "looking ahead," "may" or similar words, constitute "forward-looking statements" within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934, as amended. The Trust intends that such forward-looking statements be subject to the safe harbors created by such Acts. These forward-looking statements include statements regarding our intent, belief or current expectations, those of our Trustees or our officers in respect of (i) the declaration or payment of dividends; (ii) the leasing, management or operation of the Hotels; (iii) the adequacy of reserves for renovation and refurbishment; (iv) our financing plans; (v) our position regarding investments, acquisitions, developments, financings, conflicts of interest and other matters; (vi) our plans and expectations regarding future sales of hotel properties; and (vii) trends affecting our or any Hotel's financial condition or results of operations.

These forward-looking statements reflect our current views in respect of future events and financial performance, but are subject to many uncertainties and factors relating to the operations and business environment of the Hotels that may cause our actual results to differ materially from any future results expressed or implied by such forward-looking statements. Examples of such uncertainties include, but are not limited to:

- local or national economic and business conditions, including, without limitation, conditions that may affect public securities markets generally, the hospitality industry or the markets in which we operate or will operate:
- fluctuations in hotel occupancy rates;
- changes in room rental rates that may be charged by InnSuites Hotels in response to market rental rate changes or otherwise;
- seasonality of our business;
- interest rate fluctuations;
- changes in governmental regulations, including federal income tax laws and regulations;
- increased competition resulting from further increases in supply or reductions in demand;
- any changes in our financial condition or operating results due to acquisitions or dispositions of hotel properties;
- insufficient resources to pursue our current strategy;
- concentration of our investments in the InnSuites Hotels® brand;
- loss of franchise contracts;
- real estate and hospitality market conditions;
- hospitality industry factors;
- our ability to meet present and future debt service obligations;
- terrorist attacks or other acts of war;
- outbreaks of communicable diseases;
- natural disasters; and
- loss of key personnel.

We do not undertake any obligation to update publicly or revise any forward-looking statements whether as a result of new information, future events or otherwise. Pursuant to Section 21E(b)(2)(E) of the Securities Exchange Act of 1934, as amended, the qualifications set forth hereinabove are inapplicable to any forward-looking statements in this Form 10-K relating to the operations of the Partnership.

Item 7A. OUANTITATIVE AND OUALITATIVE DISCLOSURES ABOUT MARKET RISK

Not required for smaller reporting companies.

Item 8. FINANCIAL STATEMENTS AND SUPPLEMENTARY DATA

INNSUITES HOSPITALITY TRUST LIST OF CONSOLIDATED FINANCIAL STATEMENTS AND SCHEDULES

The following consolidated financial statements of InnSuites Hospitality Trust are included in Item 8: Report of Independent Registered Public Accounting Firm –January 31, 2010 and 2009

Report of Independent Registered Public Accounting Firm –January 31, 2010 and 2009

Consolidated Balance Sheets – January 31, 2010 and 2009

17

Consolidated Statements of Operations – Years Ended January 31, 2010 and 2009

18

Consolidated Statements of Shareholders' Equity – Years Ended January 31, 2010 and 2009

19

Consolidated Statements of Cash Flow – Years Ended January 31, 2010 and 2009

Notes to the Consolidated Financial Statements – January 31, 2010 and 2009

21

The following financial statement schedules of InnSuites Hospitality Trust are included in Item 8:

Schedule III – Real Estate and Accumulated Depreciation 33
Schedule IV – Mortgage Loans on Real Estate 35

All other schedules are omitted, as the information is not required or is otherwise furnished.

REPORT OF INDEPENDENT REGISTERED PUBLIC ACCOUNTING FIRM

The Shareholders and Board of Trustees of InnSuites Hospitality Trust:

We have audited the accompanying consolidated balance sheets of InnSuites Hospitality Trust and subsidiaries (the "Trust") as of January 31, 2010 and 2009 and the related consolidated statements of operations, stockholders' equity and cash flows for the years then ended. These consolidated financial statements and financial statement schedules listed in Item 15(a) are the responsibility of the Trust's management. Our responsibility is to express an opinion on these consolidated financial statements and financial statement schedule based on our audits.

We conducted our audits in accordance with the standards of the Public Company Accounting Oversight Board (United States). Those standards require that we plan and perform the audits to obtain reasonable assurance about whether the consolidated financial statements are free of material misstatement. An audit includes consideration of internal control over financial reporting as a basis for designing audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Trust's internal control over financial reporting. Accordingly, we express no such opinion. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the consolidated financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the consolidated financial statements referred to above present fairly, in all material respects, the consolidated financial position of InnSuites Hospitality Trust and subsidiaries as of January 31, 2010 and 2009, and the consolidated results of their operations and their cash flows for the years then ended in conformity with U.S. generally accepted accounting principles. Also, in our opinion, the related financial statement schedule, when considered in relation to the basic consolidated financial statements taken as a whole, presents fairly, in all material respects, the information set forth therein.

/s/ Moss Adams LLP Scottsdale, Arizona April 20, 2010

INNSUITES HOSPITALITY TRUST AND SUBSIDIARIES CONSOLIDATED BALANCE SHEETS

	2010	JANUARY 31,
ASSETS	2010	2009
Current Assets:		
Cash and Cash Equivalents	¢406 205	¢1 141 520
Restricted Cash	\$406,385	\$1,141,520
Accounts Receivable, including \$179,818 and \$32,295 from related parties, net of	81,421	96,262
Allowance for Doubtful Accounts of \$39,000 and \$34,000, as of January 31, 2010		
and 2009, respectively	439,167	510,942
Prepaid Expenses and Other Current Assets	495,537	537,921
Total Current Assets	1,422,510	2,286,645
Hotel Properties, net	26,722,832	27,750,525
Property, Plant and Equipment, net	177,183	209,896
Deferred Finance Costs and Other Assets	151,791	189.738
TOTAL ASSETS	\$28,474,316	\$30,436,804
101111111111111111111111111111111111111	<u>\$\psi_20,\frac{\pi}{47}\frac{\pi}{4,510}\$</u>	<u>\$30,430,004</u>
LIABILITIES AND SHAREHOLDERS' EQUITY		
LIABILITIES		
Current Liabilities:		
Accounts Payable and Accrued Expenses	\$1,846,455	\$1,769,735
Notes Payable to Banks	110,137	_
Current Portion of Mortgage Notes Payable	826,249	831,793
Current Portion of Other Notes Pay able	165,326	20,201
Total Current Liabilities	2,948,167	2,621,729
Mortgage Notes Payable	21,080,705	21,238,772
Other Notes Payable	<u>480,553</u>	<u>65,575</u>
TOTAL LIABILITIES	24,509,425	23,926,076
COMMITMENTS AND CONTINGENCIES (SEE NOTE 16)		
SHAREHOLDERS' EQUITY		
Shares of Beneficial Interest, without par value; unlimited authorization; 8,605,426 and		
9,015,536 shares issued and outstanding at January 31, 2010 and 2009,		
respectively	15,903,170	17,184,251
Treasury Stock, 8,181,323 and 7,771,212 shares held at January 31, 2010 and 2009,	,	,,
respectively	(11,368,630)	(10,800,563)
TOTAL TRUST SHAREHOLDERS' EQUITY	4,534,540	6,383,688
NON-CONTROLLING INTEREST	(569,649)	127,040
TOTAL SHAREHOLDERS' EQUITY	3,964,891	6.510.728
TOTAL LIABILITIES AND SHAREHOLDERS' EQUITY	\$28,474,316	\$30,436,804
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See accompanying notes to consolidated financial statements

INNSUITES HOSPITALITY TRUST AND SUBSIDIARIES CONSOLIDATED STATEMENTS OF OPERATIONS

YEARS ENDED JANUARY 31,

	2010	2009
REVENUE		
Room	\$12,751,208	\$15,514,709
Food and Beverage	873,678	1,194,069
Telecommunications	13,369	22,039
Other	294,940	350,709
Management and Trademark Fees, including \$337,570 and \$397,199 from related parties		
for 2010 and 2009, respectively	343,089	410,366
Payroll Reimbursements from Related Parties	<u>2,648,210</u>	<u>2,899,943</u>
TOTAL REVENUE	16,924,494	20,391,835
OPERATING EXPENSES		
Room	3,423,816	4,070,606
Food and Beverage	766,564	977,756
Telecommunications	44,013	56,430
General and Administrative	2,917,205	3,414,546
Sales and Marketing	1,318,508	1,317,123
Repairs and Maintenance	1,212,838	1,358,918
Hospitality	726,047	817,024
Utilities	1,175,443	1,164,154
Hotel Property Depreciation	1,934,227	2,913,328
Real Estate and Personal Property Taxes, Insurance and Ground Rent	995,101	1,110,950
Other	10,316	16,570
Payroll Costs Related to Management Contracts	<u>2,648,210</u>	<u>2,899,943</u>
TOTAL OPERATING EXPENSES	17,172,288	20,117,348
OPERATING INCOME (LOSS)	(247,794)	274,487
Interest Income	12,291	<u>2,604</u>
TOTAL OTHER INCOME	12,291	2,604
Interest on Mortgage Notes Payable	<u>1,531,708</u>	<u>1,451,882</u>
Interest on Notes Payable to Banks	8,962	30,493
Interest on Notes Payable and Advances Payable to Related Parties	_	10,313
Interest on Other Notes Payable	<u>19,344</u>	<u>10,756</u>
TOTAL INTEREST EXPENSE	<u>1,560,014</u>	<u>1,503,444</u>
CONSOLIDATED LOSS BEFORE INCOME TAX BENEFIT (PROVISION)	(1,795,517)	(1,226,353)
Income Tax Benefit (Provision)	<u>35,828</u>	(34,692)
CONSOLIDATED NET LOSS	<u>\$ (1,759,689)</u>	<u>\$(1,261,045)</u>
LESS: NET LOSS ATTRIBUTABLE TO NON-CONTROLLING INTEREST	<u>(698,270)</u>	<u>(630,519)</u>
NET LOSS ATTRIBUTABLE TO CONTROLLING INTERESTS\$	<u>(1,061,419)</u>	<u>\$(630,526)</u>
NET LOSS PER SHARE – Basic and Diluted	<u>\$(0.12)</u>	<u>\$(0.07)</u>
WEIGHTED AVERAGE NUMBER OF SHARES OUTSTANDING - Basic and Diluted	<u>8,825,931</u>	9,069,760
CASH DIVIDENDS PER SHARE	<u>\$0.01</u>	<u>\$0.01</u>

See accompanying notes to consolidated financial statements

INNSUITES HOSPITALITY TRUST AND SUBSIDIARIES CONSOLIDATED STATEMENTS OF SHAREHOLDERS' EQUITY FOR THE YEARS ENDED JANUARY 31, 2010 and 2009

		Non-Controlling	
	Controlling Interest	Interest_	Total
BALANCE, JANUARY 31, 2008	\$7,403,193	\$761,219	\$8,164,412
Net Loss	(630,526)	(630,519)	(1,261,045)
Dividends	(90,537)		(90,537)
Purchase of Treasury Stock	(293,710)	_	(293,710)
Shares of Beneficial Interest issued for Services Rendered	39,240		39,240
Purchase of Partnership Unites above Carrying Value	(40,736)	(7,248)	(47,984)
Reallocation of Non-Controlling Interests	(3,236)	<u>3,588</u>	<u>352</u>
BALANCE, JANUARY 31, 2009	6,383,688	127,040	6,510,728
Net Loss	(1,061,419)	(698,270)	(1,759,689)
Dividends	(85,704)	_	(85,704)
Purchase of Treasury Stock	. (618,092)	_	(618,092)
Shares of Beneficial Interest issued for Services Rendered	23,400	_	23,400
Purchase of Partnership Unites above Carrying Value	(103,694)	(2,058)	(105,752)
Reallocation of Non-Controlling Interests	(3,639)	<u>3,639</u>	
BALANCE, JANUARY 31, 2010	<u>\$4,534,540</u>	<u>\$(569,649)</u>	<u>\$3,964,891</u>

See accompanying notes to consolidated financial statements

INNSUITES HOSPITALITY TRUST AND SUBSIDIARIES CONSOLIDATED STATEMENTS OF CASH FLOW

YEARS ENDED JANUARY 31,

	2010	2009
CASH FLOW FROM OPERATING ACTIVITIES		
Consolidated Net Loss	\$ (1,759,689)	\$(1,261,045)
Adjustments to Reconcile Consolidated Net Loss to Net Cash Provided by Operating		
Activities:		
Stock-Based Compensation	23,400	39,240
Provision for Uncollectible Receivables	50,436	30,575
Hotel Property Depreciation	1,934,227	2,913,328
Loss on Disposal Sale of Hotel Property	2,452	31,493
Amortization of Deferred Loan Fees	62,908	28,541
Changes in Assets and Liabilities:		
Prepaid Expenses and Other Assets	37,077	(78,984)
Accounts Receivable	21,339	121,761
Accounts Payable and Accrued Expenses	<u>76,720</u>	(637,999)
NET CASH PROVIDED BY OPERATING ACTIVITIES	448,870	<u>1,186,910</u>
CASH FLOW FROM INVESTING ACTIVITIES		
Proceeds from Disposition of Hotel Properties	_	1,400
Improvements and Additions to Hotel Properties	(876,273)	(1,292,668)
Change in Restricted Cash	<u>14,841</u>	46,233
NET CASH USED IN INVESTING ACTIVITIES	(861,432)	(1,245,035)
CASH FLOW FROM FINANCING ACTIVITIES		
Increase in Deferred Loan Fees	(19,654)	(62,173)
Principal Payments on Mortgage Notes Payable	(1,663,611)	(1,703,847)
Net Proceeds from Refinancings of Mortgage Notes Payable	1,500,000	4,000,000
Payments on Notes Payable to Banks	(4,916,018)	(4,406,003)
Borrowings on Notes Payable to Banks	5,026,155	3,656,003
Repurchase of Partnership Units	(98)	(494)
Repurchase of Treasury Stock	(101,732)	(252,201)
Payment of Dividends	(85,704)	(90,537)
Payments on Notes and Advances Payable to Related Parties	_	(878,633)
Borrowings on Notes and Advances Payable to Related Parties	_	824,000
Payments on Other Notes Payable	(61,911)	(186,168)
NET CASH (USED IN) PROVIDED BY FINANCING ACTIVITIES	(322,573)	899,947
NET (DECREASE) INCREASE IN CASH AND CASH EQUIVALENTS	(735,135)	841,822
CASH AND CASH EQUIVALENTS AT BEGINNING OF YEAR	<u>1,141,520</u>	<u>299,698</u>
CASH AND CASH EQUIVALENTS AT END OF YEAR	<u>\$ 406,385</u>	<u>\$1,141,520</u>

See Note 15 for Supplemental Cash Flow Disclosures See accompanying notes to consolidated financial statements

INNSUITES HOSPITALITY TRUST AND SUBSIDIARIES NOTES TO CONSOLIDATED FINANCIAL STATEMENTS AS OF AND FOR THE YEARS ENDED JANUARY 31, 2010 and 2009

1. NATURE OF OPERATIONS AND BASIS OF PRESENTATION

InnSuites Hospitality Trust (the "Trust") owns, as of January 31, 2010, directly and through a partnership interest, five hotels with an aggregate of 843 suites in Arizona, southern California and New Mexico (the "Hotels"). The Hotels operate under the tradename "InnSuites Hotels."

The Trust is the sole general partner of RRF Limited Partnership, a Delaware limited partnership (the "Partnership") and owned 71.41% and 70.94% of the Partnership as of January 31, 2010 and 2009, respectively. The Trust's weighted average ownership for the years ended January 31, 2010 and 2009 was 71.26% and 70.78%, respectively. The Partnership owns four of the hotel properties and incurs the related expenses. The Trust owns and operates the Yuma, Arizona hotel property directly, which it acquired from the Partnership on January 31, 2005.

Under the management agreements, InnSuites Hotels provides the personnel for the Hotels, the expenses of which are reimbursed at cost, and manages the Hotels' daily operations. All such expenses and reimbursements between InnSuites Hotels and the Partnership have been eliminated in consolidation. InnSuites Hotels received 2.5% of room revenue from the Hotels owned by the Partnership and the Trust in exchange for management services, plus \$2,000 per month for accounting services, during fiscal years 2010 and 2009. These agreements expire on January 31, 2011. During the first eleven months of fiscal year 2010 and all of fiscal year 2009, InnSuites Hotels received 2.5% of room revenue from the four hotels owned by affiliates of Mr. Wirth, who is CEO of the Trust, in exchange for management services and an additional monthly accounting fee of \$2,000. Effective January 1, 2010, the management fees for these four hotels remain at 2.5% of room revenue and the annual accounting fee was adjusted to \$27,000, payable \$1,000 per month with an additional payment of \$15,000 due at year end for annual accounting closing activities. These agreements have no expiration date and may be cancelled by either party with 90-days written notice or 30-days written notice in the event the property changes ownership.

InnSuites Hotels received 1.25% of room revenue from the Hotels owned by the Partnership and the Trust in exchange for use of the "InnSuites" trademark during fiscal years 2010 and 2009, and will continue to receive this fee in fiscal year 2011. The revenue and expenses related to these contracts have been eliminated in consolidation. These agreements have no expiration date. During the first eleven months of fiscal year 2010 and all of fiscal year 2009, InnSuites Hotels received 1.25% of room revenue from the four hotels owned by affiliates of Mr. Wirth in exchange for use of the "InnSuites" trademark. Effective January 1, 2010, the fees for hotels owned by affiliates of Mr. Wirth were amended to a per-room calculation, with fees equal to \$10 per month per room for the first 100 rooms, and \$2 per month per room for the amount above 100 rooms. These agreements have no expiration date and may be cancelled by either party with 12-months written notice or 90-days written notice in the event the property changes ownership. InnSuites Hotels received 0.5% of room revenue from the unrelated hotel in Buena Park, California in exchange for licensing services during fiscal years 2010 and 2009. This agreement has no expiration date and may be cancelled by either party with 30-days written notice. InnSuites Hotels received 30% of revenues generated from reservations provided by InnSuites reservation center to the unrelated hotel in Oceanside, California in exchange for licensing services during fiscal year 2009. This agreement had no expiration date and could be cancelled by either party with 30-days written notice. This agreement was cancelled May 1, 2008.

PARTNERSHIP AGREEMENT

The Partnership Agreement of the Partnership provides for the issuance of two classes of limited partnership units, Class A and Class B. Class A and Class B limited partnership units are identical in all respects, except that each Class A limited partnership unit shall be convertible into one newly-issued Share of Beneficial Interest of the Trust at any time at the option of the particular limited partner. The Class B limited partnership units may only become convertible with the approval of the Board of Trustees, in its sole discretion. As of January 31, 2010 and 2009, 369,391 and 431,598 Class A limited partnership units were issued and outstanding representing 2.80% and 3.27%, respectively, of the total partnership units. Additionally, as of both January 31, 2010 and 2009, 3,407,938 Class B limited partnership units were outstanding to Mr. Wirth and his affiliates, in lieu of the issuance of Class A limited partnership units representing 25.8% as of January 31, 2010 and 2009, of the total partnership units. If all of the Class A and B limited partnership units were converted, the limited partners in the Partnership would receive 3,777,329 Shares of Beneficial Interest of the Trust. As of January 31, 2010 and 2009, the Trust owns 9,434,188 and 9,371,981 general partner units in the Partnership, representing 71.41% and 70.94%, respectively, of the total partnership units. The Trust purchased 62,207 and 36,911 Partnership units during the year ended January 31, 2010 and 2009, respectively, at an average price of \$1.70 and \$1.30 per unit, respectively.

LIQUIDITY

Our principal source of cash to meet our cash requirements, including distributions to its shareholders, is our share of the Partnership's cash flow and its direct ownership of the Yuma, Arizona property. The Partnership's principal source of revenue is hotel operations for the four hotel properties it owns. Our liquidity, including our ability to make distributions to our shareholders, will depend upon our ability and the Partnership's ability to generate sufficient cash flow from hotel operations.

Hotel operations are significantly affected by occupancy and room rates at the Hotels, both of which decreased from fiscal year 2009 to 2010, our ability to manage costs, and changes in the number of available suites caused by acquisition and disposition activities. Results are also significantly impacted by overall economic conditions and conditions in the travel industry. Unfavorable changes in these factors negatively impact hotel room demand and pricing, which reduces our profit margins on rented suites.

In past years, we have relied on our cash flows from operations to meet our financial obligations as they come due. For the remainder of fiscal year 2011 (through January 31, 2011), our management has projected that cash flows from operations alone may not be sufficient to meet all of our financial obligations as they become due during fiscal year 2011. Based on this projection, we began the process of refinancing the mortgage loan obligations on our Yuma hotel property. The new mortgage loan, for an additional \$1 million on Yuma, closed in April 2010, and resulted in the Company receiving net proceeds of \$975,000. See Note 18 – "Subsequent Events."

With the proceeds from the new mortgage loan on Yuma, management believes that the Company will have be able to meet its financial obligations as they become due. In the event that our cash on hand is insufficient to meet all of our obligations during fiscal 2011, we have an established \$350,000 line of credit with Sonoran Bank that is available if additional funds are needed. In addition, due to the continuing difficulties in the United States economy, the Company's management is considering other strategic options available to us, including the refinancing of another property or raising additional funds through equity financing.

BASIS OF PRESENTATION

As sole general partner of the Partnership, the Trust exercises unilateral control over the Partnership, and the Trust owns all of the issued and outstanding classes of shares of InnSuites Hotels. Therefore, the financial statements of the Partnership and InnSuites Hotels are consolidated with the Trust, and all significant intercompany transactions and balances have been eliminated.

In August 2007, the Financial Accounting Standards Board ("FASB") issued authoritative guidance which required non-controlling interests to be separately presented as a component of shareholders' equity on the condensed consolidated statement of equity. Effective February 1, 2009, we adopted this guidance.

RECLASSIFICATIONS

Certain reclassifications have been made to previously reported figures on the balance sheet in order to conform to current year presentations.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

USE OF ESTIMATES

The preparation of financial statements in conformity with generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, the disclosure of contingent assets and liabilities at the date of the consolidated financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates.

The Trust's operations are affected by numerous factors, including the economy, competition in the hotel industry and the effect of the economy on the travel and hospitality industries. The Trust cannot predict if any of the above items will have a significant impact in the future, nor can it predict what impact, if any, the occurrence of these or other events might have on the Trust's operations and cash flows. Significant estimates and assumptions made by management include, but are not limited to, the estimated useful lives of long-lived assets and estimates of future cash flows used to test a long-lived asset for recoverability and the fair values of the long-lived assets.

PROPERTY, PLANT AND EQUIPMENT, HOTEL PROPERTIES AND HOTEL PROPERTIES HELD FOR SALE

Property, plant, and equipment and hotel properties are stated at cost and are depreciated using the straight-line method over estimated lives ranging from 5 to 40 years for buildings and improvements and 3 to 10 years for furniture and equipment. Hotel properties "held for sale" are stated at cost, less accumulated depreciation as of the date that they were determined to be "held for sale." Depreciation expense is suspended on the hotel properties "held for sale." As of January 31, 2010, the Trust did not have any properties classified as "held for sale."

Management applies guidance issued by FASB, codified in ASC Topic 360-10-35, to determine when it is required to test an asset for recoverability of its carrying value. If the carrying amount of an asset exceeds the estimated undiscounted future cash flows over its estimated remaining life, the Trust recognizes an impairment expense to reduce the asset's carrying value to its fair value. The estimated future cash flows are based upon, among other things, assumptions about expected future operating performance, and may differ from actual cash flows. Long-lived assets evaluated for impairment are analyzed on a property-specific basis independent of the cash flows of other groups of assets. If the sum of the

projected undiscounted cash flows (excluding interest) is less than the carrying value of the assets, the assets will be written down to the estimated fair value in the period in which the determination is made. The Trust determines the estimated useful lives of its assets based on the expected future economic benefit of the asset and its ability to hold such assets. In the decision-making process to determine fair value of long-lived assets and to test an asset for impairment, third party property appraisals are used as one of the indicators (benchmarks) to determine the necessity for testing for impairment. Other indicators include a drop in the performance of a long-lived asset, a decline in the hospitality industry and a decline in the economy. Third party property appraisals are useful because they consider historical occupancy and average rate levels in determining fair value. Evaluation of future cash flows is based on historical experience and other factors, including certain economic conditions and committed future bookings. Management has determined that no impairment of long-lived assets exists as of fiscal year ended 2010 and 2009.

CASH AND CASH EQUIVALENTS

The Trust considers all highly liquid short-term investments with original maturities of three months or less to be cash equivalents. The carrying amount approximates fair value.

RESTRICTED CASH

Restricted cash consists of amounts held in reserve by lenders to fund capital improvements to the properties. The carrying amount approximates fair value.

REVENUE RECOGNITION

Room, food and beverage, telecommunications, management and licensing fees, and other revenue are recognized as earned as services are provided and items are sold. Payroll reimbursements are recorded as the Trust provides its personnel to the hotels under management and are not netted with the corresponding payroll expense. Sales taxes collected are excluded from gross revenue.

RECEIVABLES AND ALLOWANCE FOR DOUBTFUL ACCOUNTS

Accounts receivable are carried at original amounts less an estimate made for doubtful accounts based on a review of outstanding amounts on a quarterly basis. Management records an allowance for doubtful accounts for 50% of the balances over 90 days and 100% of the balances over 120 days. Accounts receivables are written off when deemed uncollectible. Recoveries, if any, of receivables previously written off are recorded when received. The Trust does not charge interest on accounts receivable balances.

The amounts charged to the allowance for doubtful accounts are as follows for the years ended January 31:

	Balance at the			
	Beginning of	Charged to		Balance at the
<u>Year</u>	<u>Year</u>	<u>Expense</u>	Deductions	End of Year
2009	\$29,470	30,575	(26,004)	\$34,041
2010	\$34,041	50,436	(45,409)	\$39,068

STOCK-BASED COMPENSATION

We have an employee equity incentive plan, which is described more fully in Note 17: "Stock Option Plan." Restricted shares are measured based on the fair market value of the underlying shares on the date of grant. We use the straight-line attribution method to recognize share-based compensation over the service period of the award.

For both fiscal year 2010 and 2009, the Trust has paid the annual fees due to its Trustees using Shares of Beneficial Interest issued from treasury stock. Upon issuance, the Trust reclassifies the shares from held in treasury to outstanding. The Trust recognizes expense related to the issuance based on the fair value of the shares upon the date of issuance and amortizes the expense equally over the period during which the shares vest to the Trustees.

During fiscal year 2010, the Trust granted restricted stock awards of 36,000 Shares to members of the Board of Trustees. These shares will vest in equal monthly amounts during the twelve month period ending January 31, 2011. As such, the Trust will recognize share-based compensation expense of \$48,600 in fiscal year 2011. No stock-based compensation expense was recognized during fiscal year 2010 related to this grant.

During fiscal year 2009, the Trust granted restricted stock awards of 72,000 Shares to members of the Board of Trustees. In fiscal year 2010, 36,000 of these shares vested in equal monthly amounts resulting in stock-based compensation of \$23,400. In fiscal year 2009, 36,000 of these shares vested over a ten-month period at 10% per month from March 2008 through December 2008 resulting in stock-based compensation expense of \$39,240.

The following table summarizes restricted share activity during fiscal years 2009 and 2010.

Restricted Shares

Weighted-Average

		Weighted-Average
		Grant Date
	<u>Shares</u>	Fair Value
Balance at January 31, 2008		_
Granted	72,000	\$0.87
Vested	(36,000)	\$1.09
Forfeited	=	_
Balance of unvested awards at January 31, 2009	<u>36,000</u>	\$0.65
Granted	36,000	\$1.35
Vested	(36,000)	\$0.65
Forfeited	- Parlament	_
Balance of unvested awards at January 31, 2010	<u>36,000</u>	\$1.35

TREASURY STOCK

Treasury stock is carried at cost, including any brokerage commissions, paid to repurchase the shares. Any shares issued from treasury stock are removed at cost, with the difference between cost and fair value at the time of issuance recorded against common stock as an adjustment to additional paid in capital.

INCOME TAXES

The Trust is subject to federal and state corporate income tax and accounts for deferred taxes utilizing a liability method whereby deferred tax assets are recognized for deductible temporary differences and deferred tax liabilities are recognized for taxable temporary differences. Temporary differences are the differences between the reported amounts of assets and liabilities and their tax bases. Deferred tax assets are reduced by a valuation allowance when it is determined to be more likely than not that some portion or all of the deferred tax assets will not be realized. Deferred tax assets and liabilities are adjusted for the effects of changes in tax laws and rates on the date of enactment.

DIVIDENDS AND DISTRIBUTIONS

In fiscal years 2010 and 2009, the Trust paid dividends of \$0.01 per share in the fourth quarter of each year. The Trust's ability to pay dividends is largely dependent upon the operations of the Hotels.

NON-CONTROLLING INTEREST

The Trust accounts for non-controlling interest in accordance with guidance issued by FASB and codified in ASC Topic 810.

Non-controlling interest in the Partnership represents the limited partners' proportionate share of the capital and earnings of the Partnership. Income or loss is allocated to the minority interest based on its weighted average ownership percentage in the Partnership throughout the period, and capital is allocated based on its ownership percentage at year-end. Any difference is recorded as a reallocation of non-controlling interest as a component of shareholders' equity.

INCOME (LOSS) PER SHARE

Basic and diluted income (loss) per Share of Beneficial Interest have been computed based on the weighted-average number of Shares of Beneficial Interest and potentially dilutive securities outstanding during the periods.

For the twelve months ended January 31, 2010 and 2009, there were Class A and Class B limited partnership units outstanding, which are convertible into Shares of Beneficial Interest of the Trust. Assuming conversion at the beginning of each period, the aggregate weighted-average of these Shares of Beneficial Interest would have been 3,797,269 and 3,860,815 in addition to the basic shares outstanding for fiscal year 2010 and 2009, respectively. These Shares of Beneficial Interest issuable upon conversion of the Class A and Class B limited partnership units were anti-dilutive during both fiscal year 2010 and 2009 and are excluded from the calculation of diluted earnings per share for those years and no reconciliation of basic earnings per share to diluted earnings per share.

SEGMENT REPORTING

The Trust views its operations as one operating business segment, a hospitality company that owns five hotel properties with an aggregate of 843 suites in Arizona, southern California and New Mexico. The Trust has a concentration of assets in the southern Arizona market. In the markets in which the Trust operates, particularly in the Yuma, Arizona and Ontario, California markets, supply has increased. In the Tucson, Arizona market, demand has declined. Either a further increase in supply or a further decline in demand could result in increased competition, which could have an adverse effect on the revenue of the Hotels in their respective markets.

ADVERTISING COSTS

Amounts incurred for advertising costs with third parties are expensed as incurred. Advertising expense totaled approximately \$907,000 and \$810,000 for the years ended January 31, 2010 and 2009, respectively.

FAIR VALUE OF FINANCIAL INSTRUMENTS

For disclosure purposes, fair value is determined by using available market information and appropriate valuation methodologies. Due to their short maturities, cash and cash equivalents, restricted cash, accounts receivable, accounts payable and notes payable to banks are carried at cost, which reasonably approximates fair value.

The fair value of mortgage notes payable, notes payable to banks and notes and advances payable to related parties is estimated by using the current rates which would be available for similar loans having the same remaining maturities. The carrying value of accounts payable and accrued expenses and other notes payable approximates fair value, due to their short-term nature. See Note 14 – "Fair Value of Financial Instruments."

NEW ACCOUNTING PRONOUNCEMENTS

In September 2006, the FASB issued guidance, codified in ASC Topic 820, which defines fair value, establishes a framework for measuring fair value and expands disclosures about fair value measurements. This guidance emphasizes that fair value is a market-based measurement and not an entity-specific measurement. Accordingly, fair value measurements should be determined based on the assumptions that market participants would use in pricing an asset or liability. In February 2008, the FASB partially deferred the effective date of this guidance to fiscal years beginning after November 15, 2008 for nonfinancial assets and liabilities that are recognized or disclosed at fair value in the financial statements on a nonrecurring basis. Accordingly, the Trust adopted those applicable provisions on February 1, 2009, which did not have a material impact on the Trust's financial position or results of operations.

In June 2009, FASB established the FASB Accounting Standards Codification (the "Codification" or "ASC") as the source of authoritative accounting principles recognized by FASB to be applied by nongovernmental entities in the preparation of financial statements in accordance with generally accepted accounting principles ("GAAP"). All existing accounting standard documents are superseded by the Codification and accounting literature not included in the Codification will not be authoritative. Rules and interpretive releases of the Securities and Exchange Commission ("SEC") issued under the authority of federal securities laws will continue to be sources of authoritative GAAP for SEC registrants. The Codification is topically based with topics organized by ASC number and updated with Accounting Standards Updates ("ASUs"). The Codification is effective for interim and annual reporting periods ending after September 15, 2009. The Trust adopted Statement of Financial Accounting Standards No. 168 (codified in ASC Topic 105) in its third quarter ended October 31, 2009, which did not have a material impact on the Trust's financial position or results of operations.

3. PROPERTY, PLANT, AND EQUIPMENT, HOTEL PROPERTIES

As of January 31, property, plant and equipment consisted of the following:

	<u>2010</u>	<u>2009</u>
Land	\$7,005	\$7,005
Building and improvements	75,662	75,662
Furniture, fixtures and equipment	<u>342,930</u>	<u>291,018</u>
Total property, plant and equipment	425,597	373,685
Less accumulated depreciation	(248,414)	(163,789)
Property, Plant and Equipment, net	<u>\$177,183</u>	<u>\$209,896</u>

As of January 31, and the hotel properties consisted of the following:

	<u>2010</u>	2009
Land	\$2,817,515	\$2,817,515
Building and improvements	34,260,699	33,964,259
Furniture, fixtures and equipment	4,783,497	4,516,551
Work in progress	<u>44,142</u>	<u>3,950</u>
Total hotel properties	41,905,853	41,302,275
Less accumulated depreciation	(15,183,021)	(13,551,750)
Hotel properties, net	<u>\$26,722,832</u>	<u>\$27,750,525</u>

The Trust classified its five Hotels as "Held for Sale" as of August 1, 2007, which is part of the Trust's long-term strategic plan to migrate the focus of the Trust's primary business from a hotel owner to a hospitality service company by expanding its trademark license, management, reservation and advertising services. On August 1, 2008, the Trust reclassified its five Hotels from "Held for Sale" to "Held and Used." As a result of this reclassification, the Trust recorded approximately \$1.9 million of depreciation expense in the year ended January 31, 2009 that had been suspended through August 1, 2008.

4. PREPAID EXPENSES AND OTHER CURRENT ASSETS

Prepaid expenses and other current assets are carried at face value and expect to be consumed within one year. As of January 31, 2010 and 2009, prepaid expenses and other current assets consisted of the following:

	<u>2010</u>	<u>2009</u>
Prepaid Insurance	\$73,386	\$188,640
Tax and Insurance Escrow	357,726	303,872
Other Prepaid Expenses and Current Assets	<u>64,425</u>	<u>45,409</u>
Total Prepaid Expenses and Current Assets	<u>\$495,537</u>	<u>\$537,921</u>

5. ACCOUNTS PAYABLE AND ACCRUED LIABILITIES

As of January 31, 2010 and 2009, accounts payable and accrued liabilities consisted of the following:

	2010	<u>2009</u>
Accounts Payable	\$378,143	\$340,538
Accrued Salaries and Wages	390,229	360,830
Accrued Vacation	248,623	205,936
Sales Tax Payable	149,470	154,971
Accrued Interest Payable	87,726	88,585
Advanced Customer Deposits	137,491	147,455
Income Tax Liability	_	61,355
Accrued Property Taxes	247,219	174,687
Accrued Land Lease	85,825	101,454
Accrued Other	<u>121,729</u>	<u>133,924</u>
Total Accounts Payable and Accrued Liabilities	<u>\$1,846,455</u>	<u>\$1,769,735</u>

6. MORTGAGE NOTES PAYABLE

At January 31, 2010, the Trust had mortgage notes payable outstanding with respect to each of the Hotels. The mortgage notes payable have various repayment terms and have scheduled maturity dates ranging from May 11, 2011 to November 1, 2021. Weighted average interest rates on the mortgage notes payable for the years ended January 31, 2010 and 2009 were 6.65% and 7.94%, respectively.

The following table summarizes the Trust's mortgage notes payable as of January 31:

	<u>2010</u>	<u>2009</u>
Mortgage note payable, due in interest only monthly payments of \$23,333 at an interest rate of 7.0% per year, through December 30, 2013, plus a balloon payment of \$4,023,333 in December 2013, secured by the Yuma property with a carrying value of \$5.9 million at January 31, 2010.	\$4,000,000	\$4,000,000
Mortgage note payable, due in monthly installments of \$48,738, including interest at 8% per year, through May 1, 2016, secured by the Tucson Oracle property with a carrying value of \$4.6 million at January 31, 2010.	2,898,601	3,236,741
Mortgage note payable, due in monthly installments of \$71,141, including interest at 8.28% per year, through May 11, 2011, plus a balloon payment of \$7,550,198 in May 2011, secured by the Ontario property with a carrying value of \$6.5 million at January 31, 2010.	7,765,740	7,958,765
Mortgage note payable, due in monthly installments of \$15,858, including interest at 8.875% per year, through September 1, 2015, secured by the Albuquerque property. Note was paid in full by refinancing the property October 2, 2009.	_	954,984
Mortgage note payable, due in monthly installments of \$16,032, including interest at 7.75% per year, through November 1, 2021, secured by the Albuquerque with a carrying value of \$1.5 million at January 31, 2010. At the discretion of the lender, the interest rate can be increased to the market rate, as determined by lender, on November 1, 2014.	1,487,270	
Mortgage note payable, due in variable monthly installments (\$29,776 as of January 31, 2010) including interest at prime rate (3.25 % as of January 31, 2010), through January 28, 2015, plus a balloon payment of \$4,874,599 in January 2015, secured by the Tucson St. Mary's property with a carrying value of \$8.2 million at January 31, 2010.	<u>5,755,343</u>	<u>5,920,075</u>
Totals	\$21,906,954	<u>\$22,070,565</u>

Both the Partnership and the Trust are guarantors of the mortgage notes payable secured by the hotel properties.

Mr. Wirth and certain of his affiliates have guaranteed 100% of the Tucson St. Mary's mortgage note payable of \$5,755,343 and \$5,920,075 as of January 31, 2010 and 2009, respectively.

Subsequent to the end of fiscal year 2010, the Trust increased its mortgage note payable secured by its Yuma property by \$1,000,000. See Note 18 – "Subsequent Events."

On October 2, 2009, the Trust refinanced the Albuquerque property with a mortgage note of \$1,500,000. The proceeds from the mortgage note were used to pay in full the previous mortgage note on the Albuquerque property of \$883,000 and to establish reserves for future operating needs.

On December 30, 2008, the Trust refinanced the Yuma property with a mortgage note of \$4,000,000. The proceeds from the mortgage note were used to pay in full the previous mortgage note on the Yuma property of \$760,000, pay down other debt, pay down trade payables, prepay insurance premiums and to establish reserves for future operating needs.

See Note 10 – "Minimum Debt Payments" for scheduled minimum payments.

7. NOTES PAYABLE TO BANKS

On August 18, 2006, the Trust entered into an agreement for an unsecured bank line of credit. Under the agreement, the Trust could draw \$750,000, bearing interest at prime plus 0.5%, with interest-only payments due monthly. During specified times over the duration of the line of credit, the Trust was required to pay the line of credit down to zero and was unable to borrow against the line of credit for a period of 30 days. The line of credit matured on May 18, 2008 and was paid in full.

On March 3, 2008, the Trust established a new \$850,000 revolving line of credit to replace the \$750,000 line of credit that matured on May 18, 2008. The new line of credit matured in July 2009, at which time the Trust extended the term. The line of credit has no financial covenants, bears interest at Wall Street Journal prime and has an interest floor of 6.25% (which was the effective rate as of January 31, 2010) and matures on June 30, 2010. As of January 31, 2010, we had drawn \$110,137 of the funds available under the line of credit. Subsequent to the end of fiscal year 2010, the Trust increased its mortgage note payable secured by its Yuma property, which resulted in the lender on this line of credit reducing the funds available from \$850,000 to \$350,000.

8. NOTES AND ADVANCES PAYABLE TO RELATED PARTIES

The Trust incurred and paid interest on related party notes to Mr. Wirth and his affiliates in the amounts of \$0 and \$7,475 in fiscal year 2010 and 2009, respectively. The Trust had no related party notes payable as of January 31, 2010 or 2009.

9. OTHER NOTES PAYABLE

As of January 31, 2010, the Trust had \$645,879 in secured promissory notes outstanding to unrelated third parties arising from the repurchase of 99,118 Class A limited partnership units in the Partnership and the repurchase of 404,698 Shares of Beneficial Interest in privately negotiated transactions. The promissory notes bear interest at 7% per year and are due in varying monthly payments through May 2014. The repurchased Class A limited partnership units and Shares of Beneficial Interest secure the notes. As of January 31, 2009, the Trust had \$85,776 in secured promissory notes outstanding to unrelated third parties arising from the repurchase of 36,911 Class A limited partnership units in the Partnership and the repurchase of 32,262 Shares of Beneficial Interest in privately negotiated transactions.

10. MINIMUM DEBT PAYMENTS

Scheduled minimum payments of debt as of January 31, 2010 are as follows in the respective fiscal years indicated:

FISCAL YEAR	MORTGAGES	OTHER NOTES PAYABLE	_TOTAL
2011	\$826,249	\$165,326	\$991,575
2012	8,214,761	172,938	8,387,699
2013	704,125	164,848	868,973
2014	4,753,834	127,310	4,881,144
2015	5,652,522	15,457	5,667,979
Thereafter	<u>1,755,463</u>		1,755,463
	<u>\$21,906,954</u>	<u>\$645,879</u>	<u>\$22,552,833</u>

11. DESCRIPTION OF CAPITAL STOCK

Holders of the Trust's Shares of Beneficial Interest are entitled to receive dividends when and if declared by the Board of Trustees of the Trust out of funds legally available therefor. The holders of Shares of Beneficial Interest, upon any liquidation, dissolution or winding-down of the Trust, are entitled to share ratably in any assets remaining after payment in full of all liabilities of the Trust. The Shares of Beneficial Interest possess ordinary voting rights, each share entitling the holder thereof to one vote. Holders of Shares of Beneficial Interest do not have cumulative voting rights in the election of Trustees and do not have preemptive rights.

On January 2, 2001, the Board of Trustees approved a share repurchase program under Rule 10b-18 of the Securities Exchange Act of 1934, as amended, for the purchase of up to 250,000 limited partnership units in the Partnership and/or Shares of Beneficial Interest in open market or privately negotiated transactions. On September 10, 2002, August 18, 2005 and September 10, 2007, the Board of Trustees approved the purchase of up to 350,000 additional limited partnership units in the Partnership and/or Shares of Beneficial Interest in open market or privately negotiated transactions. Additionally, on January 5, 2009, September 15, 2009 and January 31, 2010, the Board of Trustees approved the purchase of up to 300,000, 250,000 and 350,000, respectively, additional limited partnership units in the Partnership and/or Shares of Beneficial Interest in open market or privately negotiated transactions. Acquired Shares of Beneficial Interest will be held in treasury and will be available for future acquisitions and financings and/or for awards granted under the InnSuites Hospitality Trust 1997 Stock Incentive and Option Plan. During fiscal year 2010, we acquired 73,275 Shares of Beneficial Interest in open market transactions at an average price of \$1.35 per share and 372,836 Shares of Beneficial

Interest in privately-negotiated transactions at an average price of \$1.39 per share. Also, we acquired 62,207 RRF Limited Partnership Units at an average price of \$1.70 per unit. We intend to continue repurchasing Shares of Beneficial Interest and RRF Limited Partnership Units in compliance with applicable legal and NYSE Amex requirements.

For the years ended January 31, 2010 and 2009, the Trust repurchased 446,111 and 219,842 Shares of Beneficial Interest at an average price of \$1.39 and \$1.34 per share, respectively. Repurchased Shares of Beneficial Interest are accounted for as treasury stock in the Trust's Consolidated Statements of Shareholders' Equity.

12. FEDERAL INCOME TAXES

Effective rate

The Trust and subsidiaries have income tax net operating loss carry forwards of approximately \$11.7 million at January 31, 2010. In 2005, the Trust had an ownership change within the meaning of Internal Revenue Code Section 382. However, the Trust determined that such ownership change would not have a material impact on the future use of the net operating losses.

The Trust and subsidiaries have no state net operating loss carryforwards. Federal net operating loss carryforwards are estimated to expire as follows:

<u>Year</u>	<u>Federal</u>
2012	\$ 2,846,215
2019	1,163,799
2020	1,979,025
2021	250,847
2022	1,580,590
2023	1,671,294
2024	697,877
2028	100,323
2029	354,667
2030	<u>1,076,951</u>
	<u>\$ 11,721,588</u>

The differences between the statutory and effective tax codes are as follows for the year ended January 31, 2010

Total and net deferred income tax assets at January 31,	2010	2009
Net operating loss carryforwards	\$ 4,071,000	\$ 3,504,000
Bad debt allowance	23,000	10,000
Accrued vacation	92,000	97,000
Alternative minimum tax credit	61,000	61,000
Total deferred income tax assets	4,247,000	3,672,000
Deferred income tax liability associated with book/tax		
differences in hotel properties	(2,658,000)	(2,607,000)
Net deferred income tax asset	1,589,000	1,065,000
Valuation allowance	(1,589,000)	(1,065,000)
Net deferred income tax asset	<u>\$ -</u>	<u>\$ -</u>
Income taxes for the year ended January 31,	2010	2009
Current income tax provision (benefit)	\$ (31,000)	\$ 35,000
Deferred income tax benefit (provision)	<u> </u>	=
Net income tax provision (benefit)	<u>\$ (31,000)</u>	<u>\$ 35,000</u>
The differences between the statutory and effective tax rates are as follows for the ye	ar ended January 31, 2010:	
Federal statutory rates	\$ (361,000)	(34)%
State income taxes	(50,000)	(5)%
Change in valuation allowance	523,000	49%
True-ups to prior year return	(94,000)	(9)%
Other	(49,000)	(4)%

\$ (31,000)

<u>(3)%</u>

The valuation allowance increased by approximately \$523,000 and \$341,000 in the years ended January 31, 2010 and 2009, respectively, primarily due to a reduction in deferred tax liabilities associated with hotel properties due to timing differences in depreciation recognition.

The Trust's practice is to recognize interest and/or penalties related to income tax matters in income tax expense. The Trust had no accrued interest or penalties at January 31, 2010 and 2009.

13. OTHER RELATED PARTY TRANSACTIONS

The Partnership is responsible for all operating expenses incurred by the Trust in accordance with the Partnership Agreement.

As of January 31, 2010 and 2009, Mr. Wirth and his affiliates held 3,407,938 Class B limited partnership units, which represented 25.8% of the total outstanding partnership units. As of January 31, 2010 and 2009, Mr. Wirth and his affiliates held 5,573,624 and 5,573,624 Shares of Beneficial Interest in the Trust, respectively, which represented 65.0% and 61.8%, respectively, of the total issued and outstanding Shares of Beneficial Interest.

At January 31, 2010 and 2009, the Trust owned a 71.41% interest and 70.94% interest, respectively, in the Hotels through its sole general partner's interest in the Partnership.

14. FAIR VALUE OF FINANCIAL INSTRUMENTS

FASB has issued guidance that defines fair value, establishes a framework for measuring fair value and expands disclosures about fair value measurements.

The guidance defines fair value as the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. It also establishes a fair value hierarchy that requires an entity to maximize the use of observable inputs and minimize the use of unobservable inputs when measuring fair value. The standard describes three levels of inputs that may be used to measure fair value:

- Level 1 Quoted prices in active markets for identical assets or liabilities;
- Level 2 Observable inputs other than Level 1 prices, such as quoted prices for similar assets or liabilities; quoted prices in active markets that are not active; or other inputs that are observable or can be corroborated by observable market data for substantially the full term of the assets or liabilities; or
- Level 3 Unobservable inputs that are supported by little or no market activity and that are significant to the fair value of the assets or liabilities.

The Trust has no financial assets or liabilities measured at fair value in the accompanying balance sheets at January 31, 2010 and 2009. For footnote disclosure purposes, the fair value of notes payable and long-term debt was estimated based on the borrowing rates currently available to the Trust for bank loans with similar terms and maturities.

The following table presents the estimated fair values of the Trust's debt instruments not recognized in the accompanying consolidated balance sheets at January 31, 2010 and 2009:

	2010		2009	
	CARRYING	FAIR	CARRYING	FAIR
	AMOUNT	VALUE	AMOUNT	VALUE
Mortgage notes payable	\$21,906,954	\$20,907,254	\$22,070,565	\$22,585,371
Notes payable to banks	110,137	110,137	_	_
Other notes payable	645,879	649,251	85,776	85,776

15. SUPPLEMENTAL CASH FLOW DISCLOSURES

Cash paid for interest	2010 \$1,497,965	<u>2009</u> \$1,466,143
Cash refunded from (paid for) income taxes	58,189	(35,911)
Promissory notes issued by the Trust to acquire Class A limited partnership units	105,654	47,491
Promissory notes issued by the Trust to acquire Shares of Beneficial Interest	516,360	41,509
Shares issued to Trustees and Officers in exchange for services	23,400	39,240

16. COMMITMENTS AND CONTINGENCIES

Two of the Hotels are subject to non-cancelable ground leases expiring in 2050 and 2033. Total expense associated with the non-cancelable ground leases for the fiscal years ended January 31, 2010 and 2009 was \$203,638 and \$202,360, respectively, plus a variable component based on gross revenues of each property that totaled approximately \$77,000 and \$93,000, respectively.

During the second quarter of fiscal year 2010, the Trust entered into a five-year office lease for its corporate headquarters. The Trust recorded \$12,312 of general and administrative expense related to the lease during fiscal year 2010 and no such expense during fiscal year 2009. The lease includes a base rent charge of \$24,000 for the first lease year with annual increases to a final year base rent of \$39,600. The Trust has the option to cancel the lease after each lease year for penalties of four months rent after the first year with the penalty decreasing by one month's rent each successive lease year. It is the Trust's intention to remain in the office for the duration of the five-year lease period.

Future minimum lease payments under these non-cancelable ground leases and office lease are as follows:

Fiscal Year Ending	
2011	\$229,356
2012	233,756
2013	238,155
2014	246,156
2015	226,956
Thereafter	5,319,614
Total	<u>\$6,493,993</u>

The Trust is obligated under loan agreements relating to four of its hotels to deposit 4% of the individual hotel's room revenue into an escrow account to be used for capital expenditures. The escrow funds applicable to the four hotel properties for which a mortgage lender escrow exists are reported on the Trust's Consolidated Balance Sheet as "Restricted Cash."

InnSuites Hotels has entered into franchise arrangements with Best Western International for four of the hotel properties. These agreements provide for fees to be paid by the Hotels based on revenue and reservations received, and contain no minimum payment provisions.

The nature of the operations of the Hotels exposes them to risks of claims and litigation in the normal course of their business. Although the outcome of these matters cannot be determined, management does not expect that the ultimate resolution of these matters will have a material adverse effect on the consolidated financial position, results of operations or liquidity of the Trust.

The Trust is involved from time to time in various other claims and legal actions arising in the ordinary course of business. In the opinion of management, the ultimate disposition of these matters will not have a material adverse effect on the Trust's consolidated financial position, results of operations or liquidity.

17. STOCK OPTION PLAN

During fiscal year 1999, the shareholders of the Trust adopted the 1997 Stock Incentive and Option Plan (the "Plan"). Pursuant to the Plan, the Compensation Committee may grant options to the Trustees, officers, other key employees, consultants, advisors and similar employees of the Trust and certain of its subsidiaries and affiliates. The number of options that may be granted in a year is limited to 10% of the total Shares of Beneficial Interest and limited partnership units in the Partnership (Class A and Class B) outstanding as of the first day of such year.

Generally, granted options expire 10 years from the date of grant, are exercisable during the optionee's lifetime only by the recipient and are non-transferable. Unexercised options held by employees of the Trust generally terminate on the date the individual ceases to be an employee of the Trust.

There were no options granted in fiscal year 2010 or 2009, and no options outstanding as of January 31, 2010. The Plan currently has 1,000,000 options available to grant. The Plan also permits the Trust to award stock appreciation rights, none of which, as of January 31, 2010, have been issued.

18. SUBSEQUENT EVENTS

On April 7, 2010, the Trust increased its mortgage note payable secured by its Yuma property from \$4.0 million to \$5.0 million, resulting in net cash proceeds of \$975,000. The additional funds bear interest at 8.0% per annum, with interest-only payments due monthly, and is due on December 30, 2013. This mortgage note payable shares the same terms as the initial loan.

As a result of the increase in the Yuma mortgage, the lender on the Trust's bank line of credit, which is secured by a junior position on the property, reduced the funds available under the line of credit from \$850,000 to \$350,000.

INNSUITES HOSPITALITY TRUST AND SUBSIDIARY REAL ESTATE AND ACCUMULATED DEPRECIATION AS OF JANUARY 31, 2010

			Initial Cost to Tenant	Subse	Cost Capitalized Subsequent to Acquisition		Gross Amounts at Which Carried at Close of Period	
Properties	Encumbrance	s <u>Land</u>	Building and Improvements	Land	Building and Improvements	Land	Building and Improvements	
InnSuites Hotel and Suites Tucson, Catalina Foothills Best Western Tucson, Arizona	\$2,898,601	\$-	\$4,220,820	\$	\$2,400,057	\$-	\$6,620,877	
InnSuites Hotels and Suites Yuma Yuma, Arizona	4,000,000	251,649	4,983,292	53,366	2,617,569	305,015	7,600,861	
Best Western Airport Ontario Hotel and Suites Ontario, California	7,765,740	1,633,064	5,450,872	****	1,655,155	1,633,064	7,106,027	
InnSuites Hotels and Suites Tucson St. Mary's Tucson, Arizona	5,755,343	900,000	9,166,549	(20,564)	1,510,603	879,436	10,677,152	
InnSuites Hotels and Suites Albuquerque Airport Best Western Albuquerque, New Mexico	1,487,270	_	1,903,970	_	351,812		2,255,782	
InnSuites Hospitality Trust Phoenix, Arizona	=	7,005	75,662	=	<u>=</u>	7,005	<u>75,66</u> 2	
	<u>\$21,906,954</u>	<u>\$2,791,718</u>	<u>\$25,801,165</u>	<u>\$32,802</u>	<u>\$8,535,196</u> <u>\$</u>	2,824,520	<u>\$34,336,361</u>	

InnSuites Hotel and Suites	Gross Land and <u>Building</u>	Accumulated Depreciation	Net Book Value Land and Buildings and Improvements	Date of Construction	Date of Acquisition	Depreciation in Income Statement is Computed	
Tucson, Catalina Foothills Best Western							
Tucson, Arizona	\$6,620,877	\$2,247,515	\$4,373,362	1981	1998	5-40 years	
InnSuites Hotels and Suites Yuma Yuma, Arizona	7,905,876	2,391,247	5,514,629	1982	1998	5-40 years	
Best Western Airport Ontario Hotel and Suites Ontario, California	8,739,091	2,550,866	6,188,225	1990	1998	5-40 years	
InnSuites Hotels and Suites Tucson St. Mary's Tucson, Arizona	11,556,588	3,671,394	7,885,194	1960	1998	5-40 years	
InnSuites Hotels and Suitess Albuquerque Airport Best Western Albuquerque, New Mexico	2,255,782	888,009	1,367,773	1975	2000	5-40 years	
InnSuites Hospitality Trust Phoenix, Arizona	82,667	13,184	<u>69,483</u>	2004	2004	33 years	
	<u>\$37,160,881</u>	<u>\$11,762,215</u>	\$25,398,666				
(See accompanying independent auditors report.)							
(A) Aggregate cost for federal inco	ome tax purposes at	January 31, 2010 ar	nd 2009 are as follow	vs:			
		·		2010		2009	
Land Buildings and improvements				\$1,856,788 19,930,009		\$1,856,788 19,612,124	
				\$21,786,797		\$21,468,912	
Reconciliation of Real Estate:							
Balance at January 31, 2008 Improvement to Hotel Properties Disposal of Property Improvements				\$37,044,030 543,742 (723,331)			
Balance at January 31, 2009 Improvement to Hotel Properties Disposal of Property Improvements				\$36,864,441 307,162 (10,722)			
Balance at January 31, 2010				<u>\$37,160,881</u>			

(See accompanying independent auditors report.)

MORTGAGES LOANS ON REAL ESTATE

Description	Interest Rate	Maturity Date	Periodic PaymentTerm	Face Amount of Mortgages	1/31/10 Carrying Amount
Description	Kate	<u>Date</u>		Mortgages	Amount
Mortgage Note					
Secured by					
Albuquerque,			144 monthly		
NM property	7.75%	11/1/2021	installments	\$1,500,000	\$1,487,270
Mortgage Note			120 monthly		
Secured by			installments, with		
Ontario, CA			balloon payment of		
property	8.280%	5/11/2011	\$7,498,458 due at maturity	9,000,000	7,765,740
Mortgage Note			60 monthly interest		
Secured by			only installments, with		
Yuma, AZ			balloon payment of		
property	7.0%	12/30/2013	\$4,000,000 at maturity	4,000,000	4,000,000
Mortgage Note			83 monthly		
Secured by	Prime rate,		installments, with		
Tucson St. Mary's,	with 6.25%		balloon payment of		
AZ property	floor	1/28/2015	\$4,861,870 due at maturity	6,050,000	5,755,343
Mortgage Note					
Secured by			100 11		
Tucson Oracle,	0.0000	5/1/0017	180 monthly	5 100 000	2 909 701
AZ property	8.000%	5/1/2016	installments	5,100,000	2,898,601
				<u>\$25,650,000</u>	<u>\$21,906,954</u>
		N/14	NT-4- Th		
		Mortgage	Note Reconciliation		
Balance at January 31, 2008	3				\$19,774,412
Deductions during period:					
Net refinancings					4,000,000
Principal payments					(1,703,847)
Balance at January 31, 2009)				22,070,565
Deductions during period:					
Net refinancings					1,500,000
Principal payments					(1,663,611)
Balance at January 31, 2010)				<u>\$21,906,954</u>

(See accompanying independent auditor's report.)

Item 9. CHANGES IN AND DISAGREEMENTS WITH ACCOUNTANTS ON ACCOUNTING AND FINANCIAL DISCLOSURE.

None.

Item 9A(T). CONTROLS AND PROCEDURES

Evaluation of Disclosure Controls and Procedures

We conducted an evaluation under the supervision and with the participation of our management, including our principal executive officer and principal financial officer, of the effectiveness of the design and operation of our disclosure controls and procedures. The term "disclosure controls and procedures," as defined in Rules 13a-15(e) and 15d-15(e) under the Securities Exchange Act of 1934, as amended ("Exchange Act"), means controls and other procedures of a company that are designed to ensure that information required to be disclosed by the company in the reports it files or submits under the Exchange Act is recorded, processed, summarized and reported, within the time periods specified in the SEC's rules and forms. Based upon that evaluation, our principal executive officer and principal financial officer concluded that, as of the end of the period covered in this report, our disclosure controls and procedures were effective to ensure that information required to be disclosed in reports filed under the Exchange Act is recorded, processed, summarized and reported within the required time periods and is accumulated and communicated to our management, including our principal executive officer and principal financial officer, as appropriate to allow timely decisions regarding required disclosure.

Our management, including our principal executive officer and principal financial officer, does not expect that our disclosure controls and procedures or our internal controls will prevent all error or fraud. A control system, no matter how well conceived and operated, can provide only reasonable, not absolute, assurance that the objectives of the control system are met. Further, the design of a control system must reflect the fact that there are resource constraints and the benefits of controls must be considered relative to their costs. Due to the inherent limitations in all control systems, no evaluation of controls can provide absolute assurance that all control issues and instances of fraud, if any, have been detected.

Management's Report on Internal Control Over Financial Reporting

Our management is responsible for establishing and maintaining adequate internal control over financial reporting (as defined in Rule 13a-15(f) under the Exchange Act. Because of its inherent limitations, internal control over financial reporting may not prevent or detect misstatements. Also, projections of any evaluation of effectiveness to future periods are subject to the risk that controls may become inadequate because of changes in conditions, or that the degree of compliance with the policies or procedures may deteriorate.

Our management assessed the effectiveness of our internal control over financial reporting as of January 31, 2010. In making this assessment, we used the criteria set forth by the Committee of Sponsoring Organizations of the Treadway Commission ("COSO") in Internal Control — Integrated Framework. Based on our assessment using those criteria, our management concluded that our internal control over financial reporting was effective as of January 31, 2010.

This annual report does not include an attestation report of our independent registered public accounting firm regarding internal control over financial reporting. Management's report was not subject to attestation by our independent registered public accounting firm pursuant to temporary rules of the SEC that permit us to provide only management's report in this annual report.

Changes in Internal Control over Financial Reporting

Changes in Internal Control Over Financial Reporting. In our efforts to continuously improve our internal controls, we have made some improvements to our internal control structure effective for the preparation of our financial statements for the year ended January 31, 2010, including increased documentation surrounding certain authorization and review controls.

Item 9B. OTHER INFORMATION

None.

PART III

Item 10. TRUSTEES, EXECUTIVE OFFICERS AND CORPORATE GOVERNANCE

Information required by this Item 10 as to our Trustees and Executive Officers is incorporated herein by reference to the information set forth under the caption "Election of Trustees—Nominees, Trustees and Executive Officers" in our definitive proxy statement for our 2010 Annual Meeting of Shareholders to be held on July 15, 2010 (the "Proxy Statement"), which is expected to be filed with the SEC pursuant to Regulation 14A of the Securities Exchange Act of 1934, as amended, within 120 days after the end of our fiscal year.

The information regarding the Audit Committee of our Board of Trustees and the information regarding the "audit committee financial expert" are incorporated herein by reference to the information set forth under the caption "Board Committees — Audit Committee" in the Proxy Statement.

Information required by Item 405 of Regulation S-K is incorporated herein by reference to the information set forth under the caption "Certain Information Concerning the Trust—Section 16(a) Beneficial Ownership Reporting Compliance" in the Proxy Statement.

Code of Ethics for Senior Financial Officers

We have adopted a Code of Ethics that applies to our Chief Executive Officer, Chief Financial Officer and principal accounting officer and persons performing similar functions. We have posted our Code of Ethics on our website at www.innsuitestrust.com. We intend to satisfy all SEC and NYSE Amex disclosure requirements regarding any amendment to, or waiver of, the Code of Ethics relating to our Chief Executive Officer, Chief Financial Officer and principal accounting officer, and persons performing similar functions, by posting such information on our website. In addition, we have adopted a Code of Conduct and Ethics that applies to all of our employees, officers and Trustees. It is also available on our website at www.innsuitestrust.com.

Item 11. EXECUTIVE COMPENSATION

The information required by this Item 11 is incorporated herein by reference to the information set forth under the caption "Compensation of Trustees and Executive Officers" in the Proxy Statement.

Item 12. SECURITY OWNERSHIP OF CERTAIN BENEFICIAL OWNERS AND MANAGEMENT AND RELATED SHAREHOLDER MATTERS

The information required by this Item 12 is incorporated herein by reference to the information set forth under the caption "Certain Information Concerning the Trust—Ownership of Shares" in the Proxy Statement.

The following table provides information about our equity compensation plans (other than qualified employee benefits plans and plans available to shareholders on a pro rata basis) as of January 31, 2010:

Equity Compensation Plan Information

			Number of Securities	
			Remaining	
	Number of Securities to		Available for Future	
	be Issued Upon	Weighted – Average	Issuance Under Equity	
	Exercise of	Exercise Price of	Compensation Plans	
	Outstanding Options	Outstanding Options,	(Excluding Securitie	
	Warrants and Rights	Warrants and Rights	Reflected in Column (a))	
Plan Category	(a)	(b)	(c)	
Equity compensation plans approved by security holders	0	\$N/A	1,000,000(1)	
Equity compensation plans not approved by security holders	None	None	None	

⁽¹⁾ We have 1,000,000 options available for future grants under our 1997 Stock Incentive and Option Plan.

37

Item 13. CERTAIN RELATIONSHIPS AND RELATED TRANSACTIONS, AND TRUSTEE INDEPENDENCE

The information required by this Item 13 is incorporated herein by reference to the information set forth under the captions "Certain Transactions," "Election of Trustees" and "Board Committees" in the Proxy Statement.

Item 14. PRINCIPAL ACCOUNTANT FEES AND SERVICES

The information required by this Item 14 is incorporated by reference to the information set forth under the caption "Certain Information Concerning the Trust—Audit Fees & Services" in the Proxy Statement.

PART IV

Item 15. EXHIBITS AND FINANCIAL STATEMENT SCHEDULES

Management contract or compensatory plan or arrangement.

(a)(1) and (2)	Financial Statements and Schedules			
Financial Statements/Schedules of InnSuites Hospitality Trust				
1. Report of Independent Registered Public Accounting Firm – January 31, 2010 and 2009				
2. Consolidated B	salance Sheets - January 31, 2010 and 2009	17		
3. Consolidated S	tatements of Operations - Years Ended January 31, 2010 and 2009	18		
4. Consolidated S	tatements of Shareholders' Equity - Years Ended January 31, 2010 and 2009	19		
5. Consolidated Statements of Cash Flows - Years Ended January 31, 2010 and 2009				
6. Notes to Consolidated Financial Statements – Years Ended January 31, 2010 and 2009				
7. Schedule III – Real Estate and Accumulated Depreciation 33				
8. Schedule IV –	Mortgage Loans on Real Estate	35		
(a)(3) Exhibit	List			
Exhibit No. 3.1	Exhibit Second Amended and Restated Declaration of Trust of InnSuites Hospitality Trust dated June 16, 1998, as further amount July 12, 1999 (incorporated by reference to Exhibit 3.1 of the Registrant's Annual Report on Form 10-K for the fiscal January 31, 2005 filed with the Securities and Exchange Commission on May 16, 2005).			
10.1	First Amended and Restated Agreement of Limited Partnership of RRF Limited Partnership dated January 31, 1998 (incorporated by reference to Exhibit 10.1 of the Registrant's Registration Statement on Form S-2, filed with the Securities and Exchange Commission on September 8, 1998).			
10.2*	Form of Indemnification Agreement between InnSuites Hospitality Trust and each Trustee and executive officer (incoreference to Exhibit 10.3 of the Registrant's Annual Report on Form 10-K/A for the fiscal year ended January 31, 200 the Securities and Exchange Commission on May 12, 2006).			
10.3*	InnSuites Hospitality Trust 1997 Stock Incentive and Option Plan (incorporated by reference to Exhibit 4(a) of the Registrant's Registration Statement on Form S-8 filed with the Securities and Exchange Commission on September 19, 2000).			
21	Subsidiaries of the Registrant.			
31.1	Certification of Chief Executive Officer pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.			
31.2	Certification of Chief Financial Officer pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.			
32.1	Certification of Chief Executive Officer required by Section 906 of the Sarbanes-Oxley Act of 2002.			
32.2	Certification of Chief Financial Officer required by Section 906 of the Sarbanes-Oxley Act of 2002.			

³⁸

SIGNATURES

Pursuant to the requirements of Section 13 or 15(d) of Securities Exchange Act of 1934, as amended, the Trust has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

INNSUITES HOSPITALITY TRUST

Dated: April 20, 2010 By: /s/ James F. Wirth

James F. Wirth, Chairman,

President and Chief Executive Officer (Principal Executive Officer)

Dated: April 20, 2010 By: /s/ Anthony B. Waters

Anthony B. Waters, Chief Financial Officer

(Principal Financial Officer)

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, this report has been signed below by the following persons on behalf of the Trust and in the capacities and on the dates indicated.

Dated: April 20, 2010 By: /s/ James F. Wirth

James F. Wirth, Chairman,

President and Chief Executive Officer (Principal Executive Officer)

Dated: April 20, 2010 By: /s/ Anthony B. Waters

Anthony B. Waters, Chief Financial Officer

(Principal Financial Officer)

Dated: April 20, 2010 By: /s/ Robert Mazakis

Robert Mazakis, Controller (Principal Accounting Officer)

Dated: April 20, 2010 By: /s/ Marc E. Berg

Marc E. Berg, Trustee

Dated: April 20, 2010 By: /s/ Steven S. Robson

Steven S. Robson, Trustee

Dated: April 20, 2010 By: /s/ Peter A. Thoma

Peter A. Thoma, Trustee

Dated: April 20, 2010 By: /s/ Larry Pelegrin

Larry Pelegrin, Trustee

Subsidiaries of the Registrant

- 1. RRF Limited Partnership, a Delaware limited partnership.
- 2. Yuma Hospitality Properties, Ltd., an Arizona limited partnership.
- 3. Tucson Hospitality Properties, Ltd, an Arizona limited partnership.
- 4. Ontario Hospitality Properties Limited Partnership, an Arizona limited partnership.
- 5. Tucson St. Mary's Suite Hospitality LLC, an Arizona limited liability company.
- 6. Albuquerque Suite Hospitality LLC, an Arizona limited liability company.
- 7. InnSuites Hotels, Inc., a Nevada corporation.

CERTIFICATION

I, James F. Wirth, certify that:

- 1. I have reviewed this annual report on Form 10-K of InnSuites Hospitality Trust;
- 2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4. The registrant's other certifying officer(s) and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
- 5. The registrant's other certifying officer(s) and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of registrant's board of directors (or persons performing the equivalent functions):
 - a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: April 20, 2010

By: \(\frac{ls}{James F. Wirth} \)

Name: James F. Wirth

Title: Chief Executive Officer

CERTIFICATION

I, Anthony B. Waters, certify that:

- 1. I have reviewed this annual report on Form 10-K of InnSuites Hospitality Trust;
- 2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;
- 3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;
- 4. The registrant's other certifying officer(s) and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:
 - a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;
 - b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;
 - c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and
 - d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter (the registrant's fourth fiscal quarter in the case of an annual report) that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and
- 5. The registrant's other certifying officer(s) and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of registrant's board of directors (or persons performing the equivalent functions):
 - a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and
 - b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: April 20, 2010

By: /s/ Anthony B. Waters

Name: Anthony B. Waters

Title: Chief Financial Officer

CERTIFICATION PURSUANT TO 18 U.S.C. SECTION 1350, AS ADOPTED PURSUANT TO SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

I, James F. Wirth, Chief Executive Officer of InnSuites Hospitality Trust (the "Company"), do hereby certify in accordance with 18 U.S.C. 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, that:

- 1. The Annual Report on Form 10-K of the Company for the year ended January 31, 2010 (the "Annual Report") fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934 (15 U.S.C. 78m or 78o(d)); and
- 2. The information contained in the Annual Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

Date: April 20, 2010

By: /s/ James F. Wirth

Name: James F. Wirth

Title: Chief Executive Officer

CERTIFICATION PURSUANT TO 18 U.S.C. SECTION 1350, AS ADOPTED PURSUANT TO SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

I, Anthony B. Waters, Chief Financial Officer of InnSuites Hospitality Trust (the "Company"), do hereby certify in accordance with 18 U.S.C. 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002, that:

- 1. The Annual Report on Form 10-K of the Company for the year ended January 31, 2010 (the "Annual Report") fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934 (15 U.S.C. 78m or 78o(d)); and
- 2. The information contained in the Annual Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

Date: April 20, 2010 By: /s/ Anthony B. Waters

Name: Anthony B. Waters Title: Chief Financial Officer

Investor Information

Corporate Offices:	Shareholder Information:	Stock Information		
InnSuites Hospitality Trust	Investor Relations:	Fiscal Year 2010	<u>High</u>	Low
1625 E. Northern Ave #105	Marc Berg	First Quarter	1.53	0.79
Phoenix, AZ 85020	Phone: (602) 944-1500	Second Quarter	2.00	1.01
Phone: (602) 944-1500	Fax: (602) 678-0281	Third Quarter	1.40	1.00
Fax: (602) 678-0281	www.innsuitestrust.com	Fourth Quarter	1.85	0.97
Trust Officers:	Listed Securities:	Fiscal Year 2009	High	Low
James Wirth: President/CEO	NYSE Amex	First Quarter	1.64	1.01
Marc Berg: Executive VP,	Symbol: IHT	Second Quarter	1.59	1.00
Secretary & Treasurer	Cusip #457919108	Third Quarter	1.65	1.03
Anthony Waters: CFO		Fourth Quarter	1.40	0.46
Robert Mazakis: Accounting Officer	Transfer Agent:			
James Aronoff: Assistant Secretary	Registrar and Transfer Company	Fiscal Year 2008	High	Low
	10 Commerce Drive	First Quarter	1.64	1.04
Board of Trustees:	Cranford, NJ 07016-3572	Second Quarter	1.69	1.00
James Wirth: Chairman	Toll Free (800) 866-1340	Third Quarter	1.64	0.77

Committees of the Board

of Trustees:

Marc Berg

Steve Robson Peter Thoma

Larry Pelegrin

Audit Committee:

Larry Pelegrin: Chairman

Peter Thoma Steve Robson

Governance & Nominating Committee:

Peter Thoma: Chairman

Steve Robson Larry Pelegrin

Compensation Committee:

Steve Robson: Chairman

Peter Thoma Larry Pelegrin

General Counsel:

Fax (908) 497-2310

Thompson Hine LLP 3900 Key Center Cleveland, OH 44114 Phone (216) 566-5500 Fax (216) 566-5800

Hotel Information & Information:

Toll Free (888) INNSUITES Or (800) 842-4242 www.innsuites.com

<u>InnSuites Hotels, Inc.</u> (Wholly Owned);

James Wirth: CEO Anthony Waters: VP & Secretary/Treasurer

Independent Accountants:

Moss Adams LLP 8800 E. Raintree Dr. Suite 210 Scottsdale, AZ 85260



1.65

0.79

Fourth Quarter

Texas

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1625 E Northern Ave Suite 105 . Phoenix, Arizona 85020 . ph 602.944.1500