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2006 DEC 14 P 1:46

OFFICE OF INTERNATIONAL
CORPORATE FINANCE

82-00913

J Sainsbury plc
33 Holborn
London
EC1N 2HT

Telephone 020 7695 6000
www.j-sainsbury.co.uk

Securities and Exchange Commission
Office Of the International Corporate Finance
Room 3094 STOP 3-6
450 Fifth Street N.W.
Washington DC 20549
USA

Ext: 020 7695 6378
Fax: 020 7695 6378
Date: 04 December 2006



SUPPL

Dear Sir

J Sainsbury Announces: Notification of reportable interest in the company of
4.62 %

Please find enclosed a copy of the above announcements made to the London Stock Exchange on
4th December 2006.

Yours sincerely

Hazel Jarvis
Deputy Secretary

Enc

PROCESSED

DEC 20 2006

THOMSON
FINANCIAL

Handwritten signature and date: 12/15

Registered office as above
Registered number 185647 England

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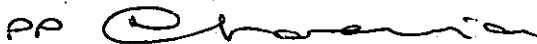
Ext: 020 7695 6378
Fax: 020 7695 6378
Date: 01 December 2006

Dear Sir

J Sainsbury Announces: Notification of reportable interest in the company of
5.68 %

Please find enclosed a copy of the above announcements made to the London Stock Exchange on
1st December 2006.

Yours sincerely



Hazel Jarvis
Deputy Secretary

Enc

Registered office as above
Registered number 185647 England

J Sainsbury plc
1 December 2006

J Sainsbury plc received notification on 1 December 2006 that Credit Suisse Securities (Europe) Limited and Credit Suisse International together have increased their reportable interest in the Company.

As a result their reportable interest is now 5.68 per cent instead of 4.1 per cent previously reported.

End

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