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OFFICE OF THE INTERNATIONAL CORPORATE FINANCE

J Sainsbury plc
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London
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Telephone 020 7695 6000
www.j-sainsbury.co.uk

Securities and Exchange Commission
Office Of the International Corporate Finance
Room 3094 STOP 3-6
450 Fifth Street N.W.
Washington DC 20549
USA

Ext: 020 7695 6378
Fax: 020 7695 6378
Date: 08 November 2006



SUPPL

Dear Sir

J Sainsbury Announces: Notification of reportable interest in the company of 4.91 %

Please find enclosed a copy of the above announcements made to the London Stock Exchange on 8th November 2006.

Yours sincerely

PP. *[Handwritten signature]*

Hazel Jarvis
Deputy Secretary

Enc

PROCESSED
NOV 29 2006
J THOMSON
FINANCIAL

[Handwritten signature]

Registered office as above
Registered number 185647 England

J Sainsbury plc
8 November 2006

J Sainsbury plc received notification on 7 November 2006 that Credit Suisse Securities (Europe) Limited and Credit Suisse International together have increased their reportable interest in the Company.

As a result their reportable interest is now 4.91 per cent instead of 3.3 per cent previously reported.

End

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U.S. DEPARTMENT OF JUSTICE

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