

# NORTHERN ABITIBI MINING CORP.

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www.gold.ca  
NAI:CDNX

FILE No.  
82-4749



August 1, 2006

United States Securities  
& Exchange Commission  
Washington, DC 20549  
U.S.A

Dear Sirs:

RE: Foreign Private Issuer Exemption File No. 82-4749  
News Release Dated August 1, 2006

Please find enclosed 3 copies of the news release listed above.

Yours very truly,

NORTHERN ABITIBI MINING CORP.

A handwritten signature in cursive script, appearing to read "D Macaulay for".

DARLENE MACAULAY for BARBARA O'NEILL

# SUPL

PROCESSED

*B* AUG 14 2006  
THOMSON  
FINANCIAL



A handwritten signature in cursive script, appearing to read "JLO 8/14".

# NORTHERN ABITIBI MINING CORP.

SUITE 500, 926-5<sup>TH</sup> AVENUE S.W., CALGARY, ALBERTA, T2P 0N7

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## NEWS RELEASE

**AUGUST 1, 2006**

News Release: **06-06**

Trading Symbol: **TSX Venture-NAI**

For Further Information Contact: **Shane Ebert at 1.403.233.2636**

**Web: <http://www.naminco.ca>**

### Options Granted

Northern Abitibi Mining Corp. has granted stock options under its 2005 Stock Option Plan to four directors, two officers and one employee to purchase up to 625,000 common shares for a period of five years commencing on August 1, 2006 and at an exercise price of \$0.10 per share.

"Shane Ebert"  
Shane Ebert  
President/Director

The TSX Venture Exchange has neither approved nor disapproved of the contents of this press release.

Except for the historical and present factual information contained herein, the matters set forth in this news release, including words such as "expects", "projects", "plans", "anticipates" and similar expressions, are forward-looking information that represents management of Northern's internal projections, expectations or beliefs concerning, among other things, future operating results and various components thereof or the economic performance of Northern. The projections, estimates and beliefs contained in such forward-looking statements necessarily involve known and unknown risks and uncertainties, which may cause Northern's actual performance and financial results in future periods to differ materially from any projections of future performance or results expressed or implied by such forward-looking statements. These risks and uncertainties include, among other things, those described in Northern's filings with the Canadian securities authorities. Accordingly, holders of Northern shares and potential investors are cautioned that events or circumstances could cause results to differ materially from those predicted. Northern disclaims any responsibility to update these forward-looking statements.



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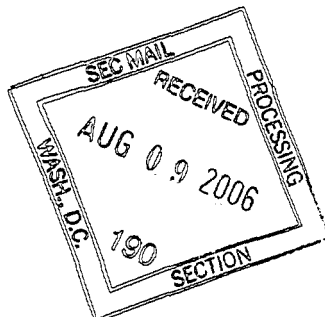
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