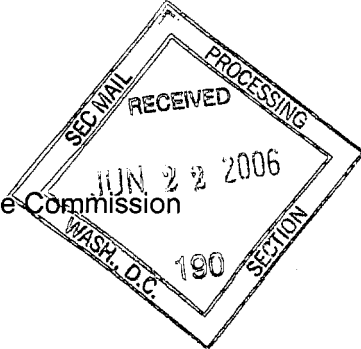


12 June 2006



06014612



Filer Support 2
Securities and Exchange Commission
100 F Street, NE
Washington, DC 20549
U.S.A.

SUPL

Attention: File Desk

Rule 12g3-2(b) Submission for Trinity Mirror plc
File Number: 82-3043

Dear Sir or Madam:

On behalf of Trinity Mirror plc, a public limited company incorporated under the laws of England, I enclose one complete copy of information required to be furnished pursuant to Rule 12g3-2(b) of the Securities Exchange Act of 1934, as amended.

Please call me at the above number, if you have any questions regarding the enclosed materials or if you require additional information.

Sincerely yours,

pp. Josefina Tallqvist

Encs.

PROCESSED

JUN 23 2006

THOMSON
FINANCIAL

Facsimile

To:	The Company Secretary Trinity Mirror plc	Fax:	020 7293 3360
From:	Diane Thirkettle Global Reporting Unit Aviva plc	Fax:	01603 680660
		Direct Tel:	01603 687803
Date:	9 June 2006	Pages:	4 including cover
Subject:	Section 198 Notification		

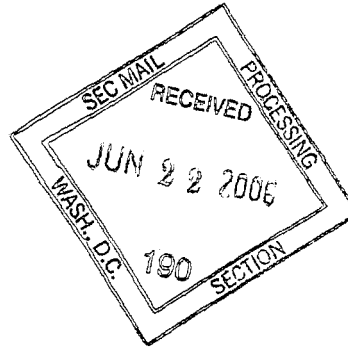
Please find attached copy notification, the original is in the post to you.

Please contact me if you have any queries.

Yours faithfully



Diane Thirkettle
for and on behalf of
Aviva plc



The Company Secretary
Trinity Mirror plc
1 Canada Square
Canary Wharf
LONDON
E14 5AP

Direct Line: 01603 687803
Fax: 01603 680660
Our Ref: GRU/DT

9 June 2006

Dear Sir

TRINITY MIRROR PLC – SEDOL 0903994

The attached notification is provided to you, on behalf of Aviva plc and its subsidiaries, and in fulfilment of the obligations imposed by sections 198 to 202 of the Companies Act 1985.

If in future you would prefer to receive these notifications via e-mail please could you provide a suitable e-mail address that could be used for this purpose. Please direct your reply to globrep@norwich-union.co.uk.

Yours faithfully



Diane Thirkettle
for and on behalf of
Aviva plc

NOTIFICATION OF MAJOR INTERESTS IN SHARES

1. Name of company

Trinity Mirror plc

2. Name of shareholder having a major interest

Aviva plc and its subsidiaries

3. Please state whether notification indicates that it is in respect of holding of the shareholder named in 2 above or in respect of a non-beneficial interest or in the case of an individual holder if it is a holding of that person's spouse or children under the age of 18

As in 2 above

4. Name of the registered holder(s) and, if more than one holder, the number of shares held by each of them

Morley Fund Management Ltd:

BNY Norwich Union Nominees Ltd	2,677,532*
Chase GA Group Nominees Ltd	9,741,241*
Chase Nominees Ltd	539,962*
CUIM Nominee Ltd	2,108,567*
Vidacos Nominees Ltd	106,822*

* denotes beneficial interest

5. Number of shares / amount of stock acquired

n/a

6. Percentage of issued class

n/a

7. Number of shares / amount of stock disposed

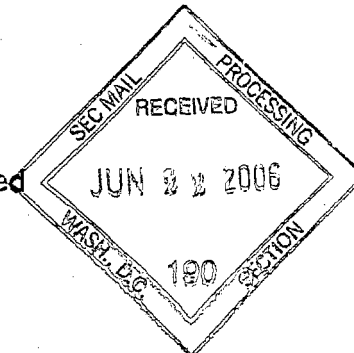
3,458,580

8. Percentage of issued class

1.20%

9. Class of security

Ordinary GBP0.10 shares



10. Date of transaction

08 June 2006

293,090,081

11. Date company informed

09 June 2006

12. Total holding following this notification

15,174,124*

SLD 4,686,167

5.177%

* beneficial interest only

13. Total percentage holding of issued class following this notification

5.28%

14. Any additional information

Figures are based on shares in issue of 287,463,947

15. Name of contact and telephone number for queries

16. Name and signature of authorised company official responsible for making this notification



Date of notification

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16:25 Fri, Jun 9 2006
UK Time

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 - 4
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Should you identify any formatting or presentational issues within the text of your announcement the [RNS Good Formatting Guide](#) provides you with useful advice on the creation of HTML format documents which should ensure presentational quality and facilitate RNS in the speedy and accurate release of your announcement to the market. Please contact RNS Customer Services on 020 7797 4400 if you experience any major formatting issues not covered by this guide.

Click on **cancel** if you decide that you want to cancel the process of submitting this announcement. Please note that if you decide to cancel, none of the information that you have entered will be saved.

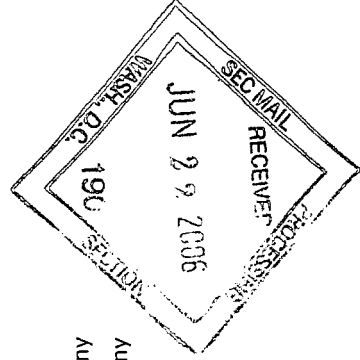
Items Removed From File

Some invalid HTML tags have been removed, this should not affect the content of your announcement. If you require more information, details of the tags that were removed are given below (see Help for further explanation):

- XML tags ([details](#))


Announcement Details


Company Name	Trinity Mirror PLC
Category	Holding(s) in Company
Headline	Holding(s) in Company
Release Instructions	Immediate Release
Related Company Information	None
Contact Name	Linda Mailey
Contact Telephone No	020 7293 2571
Additional Distribution	



Full Announcement Text

The Company has today received notification from Aviva plc, on behalf of its subsidiary Morley Fund Management Limited, that they are interested in 15,174,124 (previously 19,860,291) Trinity Mirror plc Ordinary Shares, representing 5.177% (previously 6.77%) of the issued share capital.

previous 

cancel 

confirm 

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Last Refreshed At 16:26 Fri, Jun 9 2006
UK Time

Announcement Submitted


Your announcement has been successfully submitted and will be released by RNS in accordance with your instructions. The announcement details are reproduced below for your information:

Company Name	Trinity Mirror PLC
Category	Holding(s) in Company
Headline	Holding(s) in Company
Release Instructions	Immediate Release
Related Company Information	None
Additional Distribution	None.
Contact Name	Linda Mailey
Contact Telephone No	020 7293 2571

The RNS number for the announcement is 3750E.

Announcement 3750E will now appear in your Status List.

 log off

status list 

RNS Alert 