

INSIDER REPORT

(See instructions on the back of this report)

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

Rock Resources Inc.

BOX 3. NAME, ADDRESS AND BUSINESS TELEPHONE NUMBER

FAMILY NAME OR CORPORATE NAME
 JOHNSTON
 GIVEN NAMES
 ELSTON
 NO. 4655 MONTGON STREET APT
 CITY RICHMOND POSTAL CODE V7E1B1A0
 BUSINESS TELEPHONE NUMBER B.C.
 6104-1688-13304
 BUSINESS FAX NUMBER 6104-1682-61038
 CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT YES NO

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

ALBERTA ONTARIO
 BRITISH COLUMBIA QUEBEC
 MANITOBA SASKATCHEWAN
 NEWFOUNDLAND +SEC.
 NOVA SCOTIA

BOX 2. INSIDER DATA

179 82-4504
 RELATIONSHIP(S) TO REPORTING ISSUER
 4 U U U U
 DATE OF LAST REPORT FILED DAY MONTH YEAR 21 10 2003
 OR
 IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER DAY MONTH YEAR
 CHANGE IN RELATIONSHIP FROM LAST REPORT YES NO

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, B, C, D, E AND F ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

DEGRADATION OF CLASS OF SECURITIES	BALANCE OF CLASS OF SECURITIES ON LAST REPORT	TRANSACTIONS		UNIT PRICE/ EXERCISE PRICE	PRESENT BALANCE OF CLASS OF SECURITIES HELD	DIRECTION: IS DIRECT OR INVERSE OWNERSHIP OR CONTROL OR DIRECTION IS ENLARGED
		NUMBER ACQUIRED	NUMBER DISPOSED OF			
OPTIONS	4000				4000	
WARRANTS	286666		9200	.13	286666	
COMMON	159003		19000	.11	140003	

BOX 6. REMARKS

PROCESSED
 JUN 03 2003
 THOMPSON FINANCIAL

BOX 7. SIGNATURE

ELSTON JOHNSTON
 DATE OF THE REPORT 1/10/03

Notice - Collection and Use of Personal Information for purposes of the administration and enforcement of the Securities Act. Some of the required information will be made public disclosed to any person or company except to any other person or company who may contact the securities regulatory authority in an...
 The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to submit information that, in a material respect and at the time and in the light of the circumstances in which it is submitted, is misleading or untrue.
 ATTACHMENT YES NO
 CORRESPONDENCE ENGLISH FRENCH
 KEEP A COPY FOR YOUR FILE
 VERSION FRANÇAISE DISPONIBLE SUR DEMANDE
 FROM : Securities Services 309-2579 PHONE NO. : 604 807 5658 PPT. 11 2003 08:33AM P1