



**Johnstone & Company**

**Barristers & Solicitors**

Experience, dedication, integrity

Exemption no. 82-4163

**COPY**

03 APR 29 AM 7:21

PLEASE REPLY TO: VIVIAN LOUIE, LAW CLERK  
Direct Line: (416) 860-7150 Ext. 254  
Direct Email: jcolaw@jcolaw.com

April 23, 2003

VIA TELECOPIER ONLY

**Fax: (604) 899-6550**  
**British Columbia Securities Commission**  
12<sup>th</sup> Floor, Pacific Centre  
701 West Georgia Street  
Vancouver, B.C. V7Y 1L2  
Attention: Insider Reports

**Fax: (416) 593-3666**  
**Ontario Securities Commission**  
19<sup>th</sup> Floor, 20 Queen Street West  
Toronto, Ontario M5H 3S8  
Attention: Insider Reports

**Fax: (403) 297-6156**  
**Alberta Securities Commission**  
4th Floor, 300 - 5th Avenue S.W.  
Calgary, Alberta  
T2P 3C4  
Attention: Insider Reports



SUPL

Dear Sirs/Mesdames:

**RE: Outlook Resources Inc. ("Outlook")**  
**- Insider Report and Amended Insider Report of Robert Farah**  
**File No. 1006**

For filing with your offices, please find enclosed the following:

1. Insider Report dated April 23, 2003; and
2. Amended Insider Report dated March 20, 2002 to include the stock option grant to Mr. Farah on June 12, 2001 which grant was never reported.

For your ease of reference, I also enclose more legible but unsigned copies of these Reports. Please process these documents at your earliest convenience.

Should you have any questions, please let me know.

Thank you very much for your assistance.

Yours very truly,

**JOHNSTONE & COMPANY**

**COPY**

Per: Vivian Louie  
Law Clerk

Encls.

Tel: 416 860 7150  
Email: jcolaw@jcolaw.com  
Fax: 416 860 9843  
Web: www.jcolaw.com

Address: 390 Bay St. #1515, Toronto, ON M5H 2Y2

**PROCESSED**

**MAY 29 2003**

**THOMSON  
FINANCIAL**

*[Handwritten signature]*

Exemption No. 82-4163

**FORM 55-102F6**  
**INSIDER REPORT**  
 (See instructions on the back of this report)

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

**OUTLOOK RESOURCES INC.**

BOX 2. INSIDER DATA

RELATIONSHIP TO REPORTING ISSUER: 4

DATE OF LAST REPORT FILED: DAY 20, MONTH 3, YEAR 2002

OR

IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER: DAY, MONTH, YEAR

CHANGE IN RELATIONSHIP FROM LAST REPORT: YES  NO

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE ISSUER (BLOCK LETTERS)

FAMILY NAME OR CORPORATE NAME: FARAH

GIVEN NAMES: ROBERT

STREET: ALICE-CARRIERE

CITY: BEACONSFIELD

PROV.: QUEBEC

POSTAL CODE: H9W 6E5

BUSINESS TELEPHONE NUMBER: 514-354-0101

BUSINESS FAX NUMBER: 514-354-9247

CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT: YES  NO

BOX 4. JURISDICTIONS WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

ALBERTA  ONTARIO

BRITISH COLUMBIA  QUEBEC

MANITOBA  SASKATCHEWAN

NEWFOUNDLAND

NOVA SCOTIA

OTHERS: U.S.S.E.C. - Exemption No. 82-4163

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, D, E, AND F ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

A		B		C		D		E		F	
DESCRIPTION OF CLASS OF SECURITIES	QUANTITY OF CLASS OF SECURITIES	DATE	YEAR	NATURE	NUMBER/VALUE ACQUIRED	NUMBER/VALUE DISPOSED OF	UNIT PRICE/ EXERCISE PRICE	PERCENTAGE OF CLASS OF SECURITIES	DATE OF TRANSACTION	DISCRETIONARY CONTROL	IDENTIFY THE REGISTERED HOLDER WHERE OWNERSHIP IS INTERESTED OR WHERE CONTROL OR DECISIONS EXERCISED
COMMON SHARES	77,000	2	4	16	70,000		\$0.10		1		See Remark 1
OPTIONS	300,000	18	10	50	50,000				1		See Remark 2
WARRANTS	NIL	2	4	16	70,000				1		See Remark 1

BOX 6. REMARKS

- On April 2, 2003, the undersigned acquired 70,000 units of Outlook Resources Inc. priced at \$0.10 per unit with each unit consisting of one (1) common share and one (1) share purchase warrant with each warrant entitling the holder to acquire a common share at \$0.10 until April 2, 2005.
- Options to acquire common shares at \$0.10 until October 18, 2007.

The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to submit information that, in a material respect and at the time and in the light of the circumstances in which it is submitted, is misleading or untrue.

BOX 7. SIGNATURE

NAME (BLOCK LETTERS): ROBERT FARAH

SIGNATURE: *[Signature]*

DATE OF THE REPORT: DAY 23, MONTH 4, YEAR 2003

ATTACHMENT: YES  NO

CORRESPONDENCE: ENGLISH  FRENCH

KEEP A COPY FOR YOUR FILE

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts. The terminology used is generic to accommodate the various Acts.

Exemption No. 82-4163

**FORM 55-102F6**  
**AMENDED INSIDER REPORT**  
 (See instructions on the back of this report)

**Notice - Collection and Use of Personal Information.** The personal information required under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administration and enforcement of certain provisions of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Quebec, Nova Scotia and Newfoundland. Some of the required information will be made public pursuant to the securities legislation in each of the jurisdictions indicated above. Other required information will remain confidential and will not be disclosed to any person or company except to any of the securities regulatory authorities or their authorized representatives. If you have any questions about the collection and use of this information, you may contact the securities regulatory authority in any jurisdiction(s) in which the required information is filed, at the address(es) or telephone number(s) set out on the back of this report.

**BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)**  
**OUTLOOK RESOURCES INC.**

**BOX 2. INSIDER DATA**

RELATIONSHIP(S) TO REPORTING ISSUER: 4

DATE OF LAST REPORT FILED OR IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER FROM LAST REPORT: 19 12 2006

CHANGE IN RELATIONSHIP FROM LAST REPORT:  YES  NO

**BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)**

FAMILY NAME OR CORPORATE NAME: **FARAH**

PROVINCE: **ROBERT**

NO: **17** STREET: **DU CHAMBERTIN STREET** APT: \_\_\_\_\_

CITY: **KIRKLAND** PROV.: **QUEBEC** POSTAL CODE: **H9H 5E4**

BUSINESS TELEPHONE NUMBER: \_\_\_\_\_ ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT: \_\_\_\_\_

CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT:  YES  NO

**BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT**

ALBERTA  ONTARIO  
 BRITISH COLUMBIA  QUEBEC  
 MANITOBA  SASKATCHEWAN  
 NEWFOUNDLAND  
 NOVA SCOTIA  
 OTHERS: U.S.E.C. - Exemption No. 82-4163

**BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, B, C AND F ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)**

A		B		C		D		E		F	
DESCRIPTION OF CLASS OF SECURITIES	RELATIONSHIP TO REPORTING ISSUER	DATE	MONTH	YEAR	NUMBER OF SHARES HELD	FAIR MARKET VALUE	ACQUIRED OR DISPOSED OF	BUY PRICE/DECREASED PRICE	BUY PRICE/DECREASED PRICE	DISPOSITIONS	DISPOSITIONS
COMMON SHARES	4	6	2	2002	51	50,000	50,000	\$0.10	\$0.10	1	See Remark 1
OPTIONS	4	12	6	2001	50	50,000	50,000	\$0.10	\$0.10	1	See Remark 2
		6	2	2002	51	50,000	50,000			1	
		15	3	2002	50	50,000	50,000			1	


**BOX 6. REMARKS**

- Options to acquire common shares at \$0.10 until June 11, 2006.
- Options to acquire common shares at \$0.10 until March 15, 2007.
- This report replaces the insider report filed on March 21, 2002.

The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to submit information that, in a material respect and at the time said in the light of the circumstances in which it is submitted, is misleading or untrue.

**BOX 7. SIGNATURE**

NAME (BLOCK LETTERS): **ROBERT FARAH**

SIGNATURE: 

DATE OF THE REPORT: 20 3 2002

ATTACHMENT:  YES  NO

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE:  ENGLISH  FRENCH

KEEP A COPY FOR YOUR FILE