

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

Mail Stop 3561

November 4, 2016

Mr. Timothy S. Davidson Senior Vice President and Chief Financial Officer Natural Health Trends Corp. 609 Deep Valley Drive, Suite 395 Rolling Hills Estates, California 90274

Re: Natural Health Trends Corp.

Form 10-K for the Fiscal Year Ended December 31, 2015

Filed March 4, 2016 File No. 1-36849

Dear Mr. Davidson:

We have completed our review of your filings. We remind you that the company and its management are responsible for the accuracy and adequacy of their disclosures, notwithstanding any review, comments, action or absence of action by the staff.

Sincerely,

/s/ Jennifer Thompson

Jennifer Thompson Accounting Branch Chief Officer of Consumer Products