UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report: April 30, 2004

EOG RESOURCES, INC.

(Exact name of registrant as specified in its charter)

Delaware1-974347-0684736(State or other jurisdiction(Commission File(I.R.S. Employerof incorporation or organization)Number)Identification No.)

333 Clay
Suite 4200 77002
Houston, Texas (Zip code)
(Address of principal executive offices)

713/651-7000

(Registrant's telephone number, including area code)

EOG RESOURCES, INC.

Item 9. Regulation FD Disclosure

I. Second Quarter and Full Year 2004 Forecast

The forecast items for the second quarter and full year 2004 set forth below for EOG Resources, Inc. (EOG) are based on current available information and expectations as of the date of this document. This forecast replaces and supersedes any previously issued guidance or forecast.

Estimates are provided in the attached table, which is incorporated by reference herein.

II. 2004 Natural Gas and Crude Oil Financial Price Swap and Natural Gas Financial Collar Contracts

With the objective of enhancing the certainty of future revenues, from time to time EOG enters into NYMEX-related financial commodity price swap and collar contracts. EOG has not entered into any additional natural gas or crude oil financial price swap contracts or natural gas financial collar contracts since EOG filed its Current Report on Form 8-K on April 5, 2004, which provided an update of all such financial contracts as of that date. EOG accounts for these price swap and collar contracts using the mark-to-market accounting method.

III. Forward-Looking Statements

This document includes forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Forward-looking statements are not guarantees of performance. Although EOG believes its expectations reflected in forward-looking statements are based on reasonable assumptions, no assurance can be given that these expectations will be achieved. Important factors that could cause actual results to differ materially from the expectations reflected in the forward-looking statements include, among others: the timing and extent of changes in commodity prices for crude oil, natural gas and related products, foreign currency exchange rates and interest rates; the timing and impact of liquefied natural gas imports and changes in demand or prices for ammonia or methanol; the extent and effect of any hedging activities engaged in by EOG; the extent of EOG's success in discovering, developing, marketing and producing reserves and in acquiring oil and gas properties; the accuracy of reserve estimates, which by their nature involve the exercise

of professional judgment and may therefore be imprecise; political developments around the world; acts of war and terrorism and responses to these acts; and financial market conditions. In light of these risks, uncertainties and assumptions, the events anticipated by EOG's forward-looking statements might not occur. EOG undertakes no obligations to update or revise its forward-looking statements, whether as a result of new information, future events or otherwise.

<u>Definitions</u>

\$/Bbl US Dollars per barrel

\$/Mcf US Dollars per thousand cubic feet

\$/Mcfe US Dollars per thousand cubic feet equivalent

\$MM US Dollars in millions
Mbd Thousand barrels per day

MM Millions

MMcfd Million cubic feet per day

NYMEX New York Mercantile Exchange

WTI West Texas Intermediate

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

EOG RESOURCES, INC. (Registrant)

Date: April 30, 2004 By: /s/ TIMOTHY K. DRIGGERS

Timothy K. Driggers

Vice President and Chief Accounting Officer

(Principal Accounting Officer)

Estimated Ranges (See text for additional information)

(See text for additional information)	2Q 2004			Full Year 2004			
Daily Production							
Natural Gas (MMcfd)							
US	615	-	640	630	-	658	
Canada	180	-	220	195	-	228	
Trinidad	150	-	170	160	-	180	
UK North Sea	0.45		1.020	5	-	15	
Total	945	-	1,030	990	-	1,081	
Crude Oil (Mbd)							
US	18.4	-	21.0	18.0	-	20.0	
Canada	2.3	-	2.9	2.2	-	2.6	
Trinidad	2.5	-	3.2	2.4	-	3.4	
Total	23.2	-	27.1	22.6	-	26.0	
Natural Gas Liquids (Mbd)							
US	2.8	_	4.6	2.8	_	3.7	
Canada	0.5	_	1.0	0.5	-	0.9	
Total	3.3	-	5.6	3.3	-	4.6	
Operating Costs Unit Costs (\$/Mcfe)							
Lease and Well	\$0.56		\$0.60	\$0.54		\$0.60	
Depreciation, Depletion and Amortization	\$1.06		\$1.12	\$1.04		\$1.12	
Depreciation, Dependin and Amortization	Ψ1.00	_	ψ1.12	Ψ1.04	_	ψ1.12	
Expenses (\$MM)							
Exploration, Dry Hole and Impairment	45.0	-	60.0	210.0	-	245.0	
General and Administrative	27.0	-	30.0	105.0	-	120.0	
Capitalized Interest	1.8	-	2.2	7.5	-	8.5	
Net Interest	14.0	-	18.0	55.0	-	70.0	
Taxes Other than Income (% of Revenue)	5.5	_	7.0	5.5	_	7.0	
Taxes							
Effective Rate	32%	-	36%	32%	-	36%	
Deferred Ratio	55%	-	80%	55%	-	80%	
Preferred Dividends (\$MM)	2.4	-	3.0	10.5	-	11.5	
Average Shares Outstanding (MM) for Quarter ended March 31, 2004							
Basic 115.6							
Diluted 117.6							
Capital Expenditures Excluding Acquisitions (\$MM) - FY 2004	Approximately				1,100		
Pricing							
Natural Gas (\$/Mcf)							
Differentials (include the effect of physical contracts)							
United States - below NYMEX Henry Hub	\$0.27	-	\$0.37	\$0.20	-	\$0.40	
Canada - below NYMEX Henry Hub	\$0.65	-	\$1.00	\$0.70	-	\$0.95	
Realizations							
Trinidad	\$1.25	_	\$1.45	\$1.25		\$1.50	
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Crude Oil (\$/Bbl)							
Differentials							
US - below WTI	\$0.85	-	\$1.25	\$0.80	-	\$1.00	
Canada - below WTI	\$3.00	-	\$4.00	\$2.50	-	\$4.00	
Trinidad - below WTI	\$3.75	-	\$4.25	\$3.25	-	\$4.25	