

Contact

www.linkedin.com/in/stefan-chmelik-m-sc-4539611a (LinkedIn)

Top Skills

Acupuncture
Pain Management
Alternative Medicine

Languages

English (Native or Bilingual)

Certifications

Masters Degree

Publications

Chinese Herbal Secrets

Patents

An apparatus for regulating biological rhythms

Stefan Chmelik MSc

Founder at BioSelf Technology - inventor of Sensate
United Kingdom

Summary

- o Wellbeing Technology Visionary & Innovator focussed on global impact
- o Integrated Healthcare Physician, 30+ years of medical leadership
- o Expert in the treatment of stress, anxiety, trauma and complex disease
- o Life long meditator, breath coach and teacher helping thousands of people

Experience

BIOSELF TECHNOLOGY LTD

Founder / Creator

September 2018 - Present (3 years 9 months)

London, United Kingdom

A technology start up creating Next Generation Wellbeing Enhancing Wearable Technology

New Medicine Group

Founder

2004 - Present (18 years)

London, Harley Street

The UK's leading Integrated Healthcare Team

300 years of expert clinical experience in a historic building in London's Harley Street. We combine the caring, patient-centred approach of complementary medicine with the accuracy and reliability of mainstream medical diagnosis and testing.

300 years of clinical experience

100 books published

3 professional journals

Zen Now

CEO

January 2013 - October 2019 (6 years 10 months)

Harley Street, London

The benefits of meditation for people that can't meditate

Thrive Health

Founder

2012 - November 2018 (6 years)

Harley Street, London

Pelvic People

Founder

January 2011 - September 2015 (4 years 9 months)

CP/CPPS effects many more people than is generally realised. Maria Elliott and Stefan Chmelik created Pelvic People at New Medicine Group to specifically address this problem.

The Wise Cook

Owner

2006 - December 2014 (8 years)

Traditional wisdom of cooking and eating

LCTA - The London College of Traditional Acupuncture and Oriental Medicine

Lecturer

1998 - 2010 (12 years)

Senior Lecturer and set up the UK's first Masters Degree in Chinese Herbal
Medicine

Education

Technology & Wellbeing Visionary focussed on global impact
Masters, Healthcare

Somatic Experiencing UK

Trauma resolution · (1989 - 2013)

Holland Park School

LCTA

MSc