

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

February 6, 2023

Kevin M. Reddy Chairman of the Board of Directors FAST Acquisition Corp. II 109 Old Branchville Road Ridgefield, CT 06877

> Re: FAST Acquisition Corp. II Preliminary Proxy Statement on Schedule 14A Filed January 30, 2023 File No. 001-40214

Dear Kevin M. Reddy:

We have completed our review of your filing. We remind you that the company and its management are responsible for the accuracy and adequacy of their disclosures, notwithstanding any review, comments, action or absence of action by the staff.

Sincerely,

Division of Corporation Finance Office of Real Estate & Construction

cc: Andrew Fabens