



**Doris Lu-Anderson Ph.D., E-RYT** · 3rd

Sport and Wellness

San Diego County, California, United States · [Contact info](#)

500+ connections



360 Wellness Lab



San Diego State University-  
California State University

## Experience



**Executive Wellness Coach**

360 Wellness Lab

Jan 2012 – Present · 9 yrs 11 mos



**Adjunct Professor-Sport Management**

Southern New Hampshire University

Oct 2010 – Present · 11 yrs 2 mos



**Adjunct Professor of Graduate Program in Sport Management**

California State University, Long Beach

Aug 2009 – Aug 2014 · 5 yrs 1 mo



**Assistant Professor of Sport Management**

Barry University

Aug 2006 – Jul 2009 · 3 yrs



**Assistant Professor of Sport Management**

National Taiwan College of Physical Education

2002 – 2006 · 4 yrs

## Education



**San Diego State University-California State University**

EMBA

2009 – 2011



**Florida State University**

Ph.D., Sport Management

1999 – 2002

Certified AAHPERD Physical Best instructor.

Certified Red Cross Water Aerobics instructor.

Certified AAFA fitness instructor.



**Louisiana Tech University**

M.S., Health and Physical Education

1998 – 1999

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