

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549-7010

June 9, 2011

Nikolas P. Tsakos President and Chief Executive Officer Tsakos Energy Navigation Limited 367 Syngrou Avenue 175 64 P. Faliro, Athens, Greece

Re: Tsakos Energy Navigation Limited

Form 20-F for the Fiscal Year Ended December 31, 2010

Filed April 8, 2011 File No. 1-31236

Response Letter Dated May 26, 2011

Dear Mr. Tsakos:

We refer you to our comment letter dated May 13, 2011 regarding business contacts with Cuba, Iran, Sudan, and Syria. We have completed our review of this subject matter and have no further comments at this time.

Sincerely,

Cecilia Blye, Chief Office of Global Security Risk

cc: Max Webb

Assistant Director

Division of Corporation Finance