

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

October 26, 2010

Paul Durham Chief Accounting Officer Tsakos Energy Navigation Limited 367 Syngrou Avenue 175 64 P. Faliro Athens, Greece

Re: Tsakos Energy Navigation Limited

Form 20-F for Fiscal Year Ended December 31, 2009

Filed on April 9, 2010 File No. 001-31236

Dear Mr. Durham:

We have completed our review of your Form 20-F and have no further comments at this time.

Sincerely,

Lyn Shenk Branch Chief