

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

Mail Stop 3720

November 27, 2007

Via U.S. Mail and Fax

Mr. Robert Hamilton Chief Financial Officer eDiets.com, Inc. 1000 Corporate Drive, Suite 600 Fort Lauderdale, Florida 33334

Re: eDiets.com, Inc.

Form 10-K for the Fiscal Year Ended December 31, 2006

Filed March 29, 2007

File No. 0-30559

Dear Mr. Hamilton:

We have completed our review of your Form 10-K and related filings and do not, at this time, have any further comments.

Sincerely,

/s/Larry Spirgel
Assistant Director