UNITED STATES OF AMERICA
Before the
SECURITIES AND EXCHANGE COMMISSION

June 28, 2019

IN THE MATTER OF

.

Natural Health Farm Holdings Inc.

ORDER OF SUSPENSION OF TRADING

File No. 500-1

It appears to the Securities and Exchange Commission that there is a lack of current and accurate information concerning the securities of Natural Health Farm Holdings Inc. ("Natural Health") because of questions regarding the accuracy of assertions by Natural Health, a Nevada corporation whose principal place of business is listed on OTC Markets' website as Ridgefield Park, New Jersey, and by others, in press releases and/or cold calls to investors concerning, among other things, anticipated corporate acquisitions. Natural Health is quoted on OTC Link, operated by OTC Markets Group, Inc., under the symbol NHEL.

The Commission is of the opinion that the public interest and the protection of investors require a suspension of trading in the securities of the above-listed company.

THEREFORE, IT IS ORDERED, pursuant to Section 12(k) of the Securities Exchange Act of 1934, that trading in the securities of the above-listed company is suspended for the period from 9:30 a.m. EDT, on July 1, 2019 through 11:59 p.m. EDT, on July 15, 2019.

By the Commission.

Vanessa A. Countryman Secretary